





A Resource Guide for Returning Home

2020 Edition
by
The New Jersey Department of Corrections
Office of Transitional Services

## **Quick Reference: Useful Numbers and Hotlines**

Positive Transitioning	1-844-335-1321
American Friends Service Committee Prisoner's Resource Center	1-973-643-2205
CDC National STD and AIDS Hotlines Spanish: English:	1-800-344-7432 1-800-227-8922
Addictions Hotline of NJ	1-800-238-2333
Alcoholics Anonymous	1-800-245-1377
Division of Disability Services (DDS)	1-888-285-3036
Division of Youth & Family Services	1-800-792-8610
<b>Hyacinth AIDS Foundation</b>	1-800-433-0254
Legal Services of New Jersey	1-888-576-5529
<b>NJ Motor Vehicle Commission</b> Driver's License Suspension Hotline Main Information	1-609-292-7500 1-888-486-3339
Narcotics Anonymous of NJ	1-800-992-0401
National Suicide Crisis Hotline	1-800-784-2433
New Jersey AIDS STD Hotline (Beth Israel)	1 <b>-</b> 800-624-2377
<b>2-1-1 First Call For</b> Help Se habla español or toll free	2-1-1/ 1-800-331-7272
<b>Monmouth County One Stop</b>	732-683-8850
Ocean County One Stop	732-286-5616 732-286-6446
<b>Social Security Office</b>	1-800-772-1213
Statewide Domestic Violence Hotline (Woman's Space, Inc.) Bilingual and TTY accessible	1-800-572-7233

## The Monmouth and Ocean County Smart Book

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## The Start of a New Beginning:

## How to use this book

This book is intended to prepare you for your arrival home and reintegration back into society. In order to make the transition smoother for you a list of resources have been compiled along with a list of necessary items you will find that are essential to your success. This book focuses on the first few weeks and months of your arrival home and assisting you on managing the transition. Although not every resource available to you will be found in here, there are many that will help to guide your journey.

Each section of this book is categorized by items that you will need in order to find employment, return to school, and to obtain identification. It will also provide addresses, websites, phone numbers, and general tips on how to acquire that particular service. You can use the table of contents to easily identify what service you require, and follow instructions as to how to contact providers.

FYI: \*\*Please feel free to utilize your social services department for assistance in contacting an agency or inquiring information about a service found in this book. There are some services that may be free to you that you can contact through your social services department before making an out-of-pocket expense.

There are things that can be completed prior to release from prison. Two things specifically are requesting a duplicate Social Security card for **FREE** and applying for a birth certificate for a **fee**. Please contact your social worker six months prior to release to apply for these items. By doing this while still in custody, you are taking a large step towards making your transition back into the community easier for you. Provided both documents are processed successfully, you will have two necessary forms of identification made available to you the day you are released. This will speed up the process of finding employment.

You will not find every service or organization in Monmouth and Ocean County in this book however there will be many to help you begin. Also, the organizations that are listed may be able to offer additional resources to you. You can also visit your local library to get free internet access, (see page 57 or 59) for more county information.

# **Getting Started:** Identification (I.D.) and Other Documents

In order to apply for employment, rent an apartment, apply for general assistance, food stamps, or Medicaid, proper identification will be required. The more identification you have in your possession, the easier it will be for you to obtain these services. Certain items can be obtained while you are still incarcerated. Ask your social worker for assistance, and for the remainder, this book will point you in the right direction.

**FYI:** In order to obtain identification, various agencies will require proof of address. It is smart to keep bills in your name or official documents that have your name and address for further verification of your address.



## A. Social Security Card

If at all possible, apply for a duplicate social security card with your social worker six months prior to release. If for some reason this is not possible or your application has been denied, you will need to visit your closest Social Security Office to apply at:

#### **Social Security Administration**

Monmouth County 3310 State Route 66 Neptune, NJ 07753

Ocean County 2620 Yorktowne Blvd. Brick, NJ 08723

190 St. Catherine Blvd. Toms River, NJ 08755

## Office hours M, Tu, Th, F 9:00am-4:00pm; Weds 9:00am-12:00pm

Phone numbers: Toll Free 1-800-772-1213 TTY- 1-800-325-0778

If you choose to visit your local office to apply you will need to fill out the application at the office. You will need to show proof of identification. **Prison release papers count as proof of identification. Also, use your NJDOC Temporary ID card.**To save time you can download the application online

(www.ssa.gov/replace sscard.html).

# irth Certificate

## B. Birth Certificate

The office of Vital Statistics in the New Jersey Department of Health and Senior Services has all the New Jersey birth, marriage, and death records. The fee is \$25.00. However, depending upon where you were born in Monmouth/Ocean County, you may be able to apply for a birth certificate for a lesser fee.

## New Jersey Department of Health and Senior Services

Bureau of Vital Statistics and Registration P.O. Box 370 Trenton, NJ 08625-0370

Contact information for the NJ Bureau of Vital Statistics and Registration: 1-609-292-4087 and 1-866-649-8726 (tollfree nationwide)

FYI: You are able to apply for a birth certificate while you are still in custody and have six months left prior to release. Please see your social worker to do so.

If you were born in the following towns, you may go to your registrar's office and apply for a birth certificate. You will need to call for the fee amounts.

#### **Monmouth County**

## **Aberdeen Township**

Theresa Patino 1 Aberdeen Square Aberdeen, NJ 07747 Phone: 732-583-4200 x101

## **Allenhurst Borough**

Lori Osborn Borough Hall 125 Corlies Avenue Allenhurst, NJ 07711 Phone: (732) 531-2757 Fax: (732) 531-8694

## Allentown Borough

Laurie A. Gavin 8 No. Main Street P.O. Box 487 Allentown, NJ 08501 Phone: 609-259-3151

#### **Asbury Park City**

Melody Hartsgrove 1 Municipal Plaza Asbury Park, NJ 07712 Phone: 732-502-5721

## **Atlantic Highlands Borough**

Dwayne M. Harris Borough Hall 100 First Avenue Atlantic Highlands, NJ 07716

Phone: (732) 291-1444

X3103

## Avon-By-The-Sea **Borough**

Michele Darling Municipal Building 301 Main Street Avon, NJ 07717

Phone: 732-502-4510

## **Belmar Borough**

Patricia Zwirz P.O. Box A 601 Main Street Belmar, NJ 07719 Phone: (732) 681-3700

x231

Fax: (732) 681-3434

#### **Bradley Beach Borough**

Mary Ann Solinski Borough Hall 701 Main Street Bradley Beach, NJ 07720 Phone: (732) 776-2983 Fax: (732) 775-1782

#### **Brielle Borough**

Tina McDermott 601 Union Lane P.O. Box 445 Brielle, NJ 08730

Phone: 732-528-6600 x114

#### **Colts Neck Township**

Ruth Leininger 124 Cedar Drive Colts Neck, NJ 07722 Phone: (732) 409-7135 Fax: (732) 462-5470

## **Deal Borough**

Stephen Carasia Borough Hall Durant Square Deal, NJ 07723 Phone: 732-531-1455 Fax: 732-531-1705

## **Eatontown Borough**

Julie Martin Municipal Building 47 Broad Street Eatontown, NJ 07724 Phone: 732-389-7601

#### **Englishtown Borough**

Peter Gorbatuk 15 Main Street Englishtown, NJ 07726 Phone: (732) 446-9235

## Fair Haven Borough

Betty Ann Berube Municipal Building 748 River Road Fair Haven, NJ 07704 Phone: 732-747-6962 Ext

219

#### Farmingdale Borough

Cathy Gaertner P.O. Box 58 11 Asbury Avenue Farmingdale, NJ 07727 Phone: (732) 938-4077 Fax: (732) 938-2023

#### Freehold Borough

Mary Cruz 51 West Main Street Freehold, NJ 07728 Phone: 732-462-1259

## Freehold Township

Teresa Warner 1 Municipal Plaza Freehold, NJ 07728 Phone: (732) 294-2010 Fax: (732) 462-7910

#### **Hazlet Township**

Mary L. Lynch 1766 Union Ave Hazlet, NJ 07730-2444 Phone: (732) 264-1700

x8688

Fax: (732) 264-1785

## **Highlands Borough**

Deborah Dailey 171 Bay Avenue Highlands, NJ 07732 Phone: (732) 872-1224

x205

Fax: (732) 872-0670

## **Holmdel Township**

Barbara Kovelesky 4 Crawfords Corner Rd. Holmdel, NJ 07733 Phone:(732)946-2820

X1212

#### **Howell Township**

Allison Ciranni 4567 Route 9 North P.O. Box 580 Howell, NJ 07731 Phone: 732-938-4500 ext. 2150

## **Interlaken Borough**

Lori Reibrich Borough Hall 100 Grassmere Ave. Interlaken, NJ 07712 Phone: (732) 531-7405 Fax: (732) 531-7099

## **Keansburg Borough**

Colleen Duggan Borough Hall 29 Church St. Keansburg, NJ 07734 Phone: (732) 787-0215 x114

## **Keyport Borough**

Donna Purcell 70 West Front St. Keyport, NJ 07735 Phone: (732) 739-5136 Fax: (732) 739-3479

#### Lake Como

Louise A. Mekosh

Borough Hall P.O. Box 569 1740 Main St. Lake Como, NJ 07719 Phone: (732) 681-3232 Fax: (732) 681-8981

## Little Silver Borough

Betty Ann Berube Municipal Buildings 480 Prospect Ave. Little Silver, NJ 07739 Phone: (732) 842-2400

x143

Fax: (732) 219-0581

#### **Loch Arbour Village**

Marilyn Simmons 550 Main St. Loch Arbour, NJ 07711 Phone: (732) 531-4704

#### **Long Branch City**

Angelina Towns City Hall 344 Broadway Long Branch, NJ 07740 Phone: (732) 571-5665 x5263

## Manalapan Township

Sueann Picklo 120 Rt. 522 Manalaplan, NJ 07726 Phone: (732) 466-8345

## Manasquan Borough

Barbara J. Ilaria Borough Hall 201 E. Main St. Manasquan, NJ 08736 Phone: (732) 223-0544

x236

Fax: (732) 223-1300

#### **Marlboro Township**

Michelle Y. Moorhouse Municipal Building 1979 Township Drive Marlboro, NJ 07746 Phone: 732-536-0200 Fax: 732-536-9652

## **Matawan Borough**

Grace M. Rainforth Registrar's Office 201 Broad Street Matawan, NJ 07747

Phone: 732-566-3898 X600

Fax: 732-566-0036

## Middletown Township

Heidi Brunt Town Hall One Kings Highway Middletown, NJ 07748 Phone: 732-615-2094 Fax: 732-706-1105

#### **Millstone Township**

Kathleen Hart 470 Stagecoach Rd Clarksburg, NJ 08510 Phone: 732-446-3402 Fax: 609-208-2438

#### Monmouth Beach Borough

Joyce Escalante 22 Beach Road Monmouth Beach, NJ 07750

Phone: (732) 229-2204

x110

Fax: (732) 870-8245

## **Neptune City Borough**

Tamara Brown 106 W. Sylvania Avenue Neptune City, NJ 07753 Phone: 732-776-7224 x41 Fax: 732-776-8906

## **Neptune Township**

Hugh Hinds Vital Statistics 25 Neptune Boulevard P.O. Box 1125 Neptune, NJ 07753 Phone: (732) 988-5200 Ext

222

Fax: (732) 988-6433

## **Ocean Township**

Jessie Joseph Town Hall 399 Monmouth Road Oakhurst, NJ 07755 Phone: (732)531-5000

x321

Fax: 732-531-5286

## **Oceanport Borough**

Jason Sutton Borough Hall 222 Monmouth Blvd. Oceanport, NJ 07757 Phone: 732-222-8179

### **Red Bank Borough**

Pamela Borghi P.O. Box 868 90 Monmouth Street Red Bank, NJ 07701 Phone: (732) 530-2755 Fax: (732) 530-2757

#### **Roosevelt Borough**

Debra L. Sopronyi Borough Hall 33 N. Rochdale Avenue P.O. Box 128 Roosevelt, NJ 08555 Phone: 609-448-0539

#### **Rumson Borough**

Jane Hartman Borough Hall 80 E. River Road Rumson, NJ 07760 Phone: (732) 842-3300

## Sea Bright Borough

Karen DiBerardino Boro Hall 1167 Ocean Avenue Sea Bright, NJ 07760 Phone: 732-842-0099

## Sea Girt Borough

Dawn Harriman Borough Hall PO Box 296 321 Baltimore Blvd. Sea Girt, NJ 08750

Phone: 732-449-9433 X113

#### **Shrewsbury Borough**

Kathleen Krueger Borough Hall 419 Sycamore Avenue P.O. Box 7420 Shrewsbury, NJ 07702 Phone: (732) 741-4200

x107

Fax: (732) 741-6549

### **Shrewsbury Township**

Janet Delonardo 1979 Crawford Street Shrewsbury Township, NJ 07724

Phone: (732) 542-0675 Fax: (732) 935-1348

#### **Spring Lake Borough**

Dina Zahorsky Municipal Building 423 Warren Ave Spring Lake, NJ 07762 Phone: 732-449-0800

# Spring Lake Heights Borough

Janine Gillis 555 Brighton Avenue Spring Lake Heights, NJ 07762

Phone: (732) 449-3500 Fax: (732) 449-8264

# Tinton Falls Borough Catharine Kesselman Ocean County

#### **Barnegat Light Borough**

Brenda Kuhn P.O. Box 576 10 West 10th Street Barnegat Light, NJ 08006 Phone: 609-494-9196 Fax: 609-494-4827

## **Barnegat Township**

Donna M. Manno Municipal Hall Borough Hall 556 Tinton Avenue Tinton Falls, NJ 07724 Phone: 732-542-3400 Fax: (732) 542-2079

#### **Union Beach Borough**

Donna Purcell c/o Keyport Borough 70 W. Front St. Keyport, NJ 07735 Phone: (732) 739-5136 Fax: (732) 264-1267

## Upper Freehold Township

Dana Tyler Municipal Building 314 Route 539 Cream Ridge, NJ 08514 Phone: (609) 758-7738 Fax: (609) 758-1183

## Wall Township

Roberta Lang 2700 Allaire Road Wall, NJ 07719 Phone: (732) 449-8444 x215

## West Long Branch Borough

Toni Mullen 965 Broadway West Long Branch, NJ 07764 Phone: (732)-571-5984

900 West Bay Avenue Barnegat, NJ 08005

## **Bay Head Borough**

Patricia M. Applegate Borough Hall 106 Bridge Ave, Unit 2 Box 248 Bay Head, NJ 08742 Phone: (732) 892-0574 Fax: (732) 899-6494

#### **Beach Haven Borough**

Sherry A. Mason Borough Hall 300 Engleside Avenue Beach Haven, NJ 08008 Phone: (609) 492-0111 x216 Fax: (609) 492-6262

#### **Beachwood Borough**

Elizabeth A. Sarantinoudis Borough Hall 1600 Pinewald Road Beachwood, NJ 08722 Phone: (732) 286-6000 Ext 212

## Fax: (732) 349-8390 Berkeley Township

Beverly Carle Municipal Building 627 Pinewald-Keswick Road P.O. Box B Bayville, NJ 08721

Phone: (732) 244-7400 Ext 205

Fax: (732) 505-0145

## **Brick Township**

Lynnette Iannarone 401 Chamber Bridge Road Town Hall Brick, NJ 08723

Phone: (732) 262-1004 or 1002

Fax: (732) 262-2839

## **Eagleswood Township**

Lisa Hand 146 Division Street PO Box 409 West Creek, NJ 08092 Phone: 609-296-3040

Fax: 609-296-4649

## **Harvey Cedars Borough**

Daina Dale Borough Hall P.O. Box 3185 7606 Long Beach Blvd Harvey Cedars, NJ 08008-0337 Phone: (609) 361-6000 x112 Fax: (609) 494-2335

#### **Island Heights Borough**

Joseph Kostecki Borough Complex P.O. Box 797 East End & Van Sant Avenues Island Heights, NJ 08732 Phone: (732) 270-6415

#### **Jackson Township**

Patricia VanClef Municipal Building 95 West Veterans Hwy Jackson, NJ 08527

Phone: (732) 928-1200 ext 202

Fax: (732) 928-4377

#### **Lacey Township**

Susan Connor Municipal Building 818 Lacey Rd.

Forked River, NJ 08731

Phone: (609) 693-1100 ext 247 or 251

Fax: (609) 693-8466

#### Lakehurst Borough

Bernadette Dugan Borough Hall 5 Union Avenue Lakehurst, NJ 08733 Phone: 732-657-4141

## Lakewood Township

Kathryn Cirulli Municipal Building 231 3rd Street Lakewood, NJ 08701 Phone: 732-364-2500 x5970

F . . 722 001 2647

Fax: 732-901-3647

## Lavallette Borough

Christopher F. Parlow Fire House Parking Lot 121-125 Washington Avenue Lavallette, NJ 08735 Phone: (732) 793-7477 Fax: (732) 830-8248

#### **Little Egg Harbor Township**

Diana McCracken Municipal Building 665 Radio Road Little Egg Harbor, NJ 08087 Phone: (609) 296-7241 ext 233

Fax: (609) 296-5352

## **Long Beach Township**

Sharon Bongiovani Municipal Building 6805 Long Beach Boulevard Brant Beach, NJ 08008 Phone: 609-361-6631 Fax: 609-494-5421

#### **Manchester Township**

Sabina Skibo Town Hall 1 Colonial Drive Manchester, NJ 08759 Phone: (732) 657-8121 Ext 243

Fax: (732) 657-2071

#### **Mantoloking Borough**

Beverley Konopada P.O. Box 4391 340 Drum Point Road 2nd Floor Brick, NJ 08723

Phone: (732) 475-6983 Ext 313

Fax: (732) 475-7671

#### **Ocean Gate Borough**

Ileana Vazquez-Gallipoli 801 Ocean Gate Ave Ocean Gate, NJ 08740 Phone: (732) 269-3166 Fax: (732) 269-6652

## **Ocean Township**

Diane B. Ambrosio 50 Railroad Avenue

## Seaside Heights Borough

Diane Stabley Borough Hall Waretown, NJ 08758 Phone: (609) 693-3302 x233

Fax: (609) 693-9026

## Pine Beach Borough

Charlene Carney Borough Hall 599 Pennsylvania Avenue P.O. Box 425 Pine Beach, NJ 08741 Phone: (732) 349-6425 Fax: (732) 240-0533

#### **Plumsted Township**

Dorothy J. Hendrickson Municipal Complex 121 Evergreen Road New Egypt, NJ 08533 Phone: (609) 758-2241x101 Fax: (609) 758-0123

## Point Pleasant Beach Borough

Eileen Farrell Borough Hall 416 New Jersey Avenue Point Pleasant Beach, NJ 08742 Phone: 732-892-1118 X211

Fax: 732-892-1270

## **Point Pleasant Borough**

Cheryl Olsen P.O. Box 25 2233 Bridge Avenue Point Pleasant, NJ 08742 Phone: (732) 892-4183 Fax: (732) 899-2655

P.O. Box 38 901 Boulevard Seaside Heights, NJ 08751 Phone: (732) 793-9100 Fax: (732) 793-0319

Seaside Park Borough

Karen Barna 1701 N. Ocean Avenue P.O. Box B Seaside Park, NJ 08752

Phone: (732) 793-3700 Fax: (732) 793-3737

**Ship Bottom Borough** 

Kathleen Wells Borough Hall 1621 Long Beach Blvd. Ship Bottom, NJ 08008 Phone: (609) 494-2171 x116

Fax: (609) 361-8484

**South Toms River Borough** 

Joseph Kostecki 144 Mill Street South Toms River, NJ 08757 Phone: 732-349-0403

**Stafford Township** 

Linda Martin Municipal Building 260 East Bay Avenue Manahawkin, NJ 08050-3498 Phone: (609) 597-1000 Ext 8526 Fax: (609) 597-4911

**Surf City Borough** 

Mary P. Madonna Borough Hall 813 Long Beach Boulevard Surf City, NJ 08008 Phone: (609) 494-3064

Fax: (609) 361-9746

**Toms River Township** 

Cynthia Farrell 33 Washington Street P.O. Box 728 Toms River, NJ 08753

Phone: (732) 341-1000 Ext 8403

Fax: (732) 341-0835

**Tuckerton Borough** 

Jenny E. Gleghorn Borough Hall 140 E. Main Street Tuckerton, NJ 08087 Phone: (609) 296-2701

### **C.** County Identification

You can obtain a county identification card by going to the Monmouth County Clerk's office (listed below). You will need a certified birth certificate with raised seal (this is issued by the town in which you were born), naturalization certificate, or permanent resident card, proof of Monmouth County residency (valid driver's license, mail, utility bill) and proof of social security number (card, W2 tax form, pay stub, bank statement). There is a \$13.00 fee--cash money order, Mastercard or Visa are accepted. The hours for an identification card for Monmouth County residents are 8:30am-4:00pm.

## Monmouth County Clerk's Office

33 Mechanic Street Freehold, NJ 07728 Phone: 732-431-7324 In <u>Ocean County</u>, you can obtain a free county identification card if you are an honorably discharged veteran. This will make it easier to take advantage of a wide variety of veterans discount programs. To obtain a card, a veteran must provide his or her DD-214 Discharge Papers at the County Clerk's office:

### Ocean County Clerk's Office

P.O. Box 2191 118 Washington St. Toms River, NJ 08754 Phone: 732-929-2018 Toll Free: 1-800-722-0291

Fax: 732-349-4336

## D. Driver's License



Once you are released from prison, you can go to the Motor Vehicle Commission (MVC) to get a new driver's license, replace a lost one, or renew a card that has expired. If you believe that your license has been suspended, you should confirm this and figure out what you need to do to get it back. If you were convicted of any kind of drug offense, your license has been suspended.

**Prior to your release,** you can get a copy of your driver's license record, which is called an "abstract." Please contact your social worker if you are interested in obtaining an abstract. **The fee for an abstract is \$15.00** 

**Upon your release**, you can go to the MVC offices in Monmouth or Ocean County (listed below) or a Regional Service Center to request a driver's abstract. If you have internet access, you can also request an abstract online at <a href="http://www.state.nj.us/mvc">http://www.state.nj.us/mvc</a>. You will still have to pay \$15.00. If your license was suspended for six months or more because of a drug conviction, the period of the suspension will begin from the time of your release. Other kinds of suspension, such as failure to pay parking tickets, insurance surcharges, or child support, will last until you have paid the fine or worked out a payment plan. For questions about suspension, call the suspension hotline: 609-292-7500.

**Restoration Fees, Tickets, and Surcharges:** If you found out that your license has been suspended, you will have to pay a restoration fee of \$100.00 in order to have your license reinstated. This does not include any additional fines or surcharges you are required to pay. This fee can be paid at the Regional Service Center (see below).

If you have internet access, this fee can be paid online at <a href="http://www.state.nj.us/mvc">http://www.state.nj.us/mvc</a>. You can pay your surcharges and parking tickets on this web site as well.

## MONMOUTH COUNTY MVC LOCATIONS To reach MVC by phone call 609-292-6500

## **Asbury Park**

1010 Comstock Street Asbury Park, NJ 07712 Specialty Inspection (salvage, kid cars, hi-rise stability testing, referee by appointment only) Mon-Fri 8:00am-4:30pm

#### **Eatontown**

109 Route 36

Eatontown, NJ 07724

Agency, Driver Testing: M, W, Th, F 8:00am-5:30pm;

Tu 8:00am-7:30pm; Sat 8:00am-1:00pm

Suspension/Restoration: Mon-Fri 8:00am-4:30pm

Inspection: Mon-Fri 8:00am-4:30pm

Sat 7:00am-12:00pm

Road Test: Mon-Fri 8:00am-4:00pm

#### Freehold

811 Okerson Road Freehold, NJ 07728

Agency, Driver Testing: M, W, Th, F 8:00am-5:30pm;

Tu 8:00am -7:30pm; Sat 8:00am-1:00pm Inspection: Mon-Fri 8:00am-4:30pm

Sat 7:00am-12:00pm

#### Hazlet

1374 Highway 36 Airport Plaza Hazlet, NJ 07730

Agency: M, W, Th, F 8:00am-5:30pm Tu 8:00am-7:30pm; Sat 8:00am-1:00pm

## OCEAN COUNTY MVC LOCATIONS To reach MVC by phone call 609-292-6500

### Lakewood

1195 Route 70 Leisure Center, Store 9 Lakewood, NJ 08701 Agency: M, W, Th, F 8:00am-5:30pm; Tu 8:00am-7:30pm; Sat 8:00am-1:00pm

## Lakewood cont'd

1145 Route 70

Lakewood, NJ 08701

Inspection: M-F 8:00am-4:30pm; Sat 7:00am-12:00pm

#### Manahawkin

712 East Bay Ave. Suite 7 Manahawkin, NJ 08050 Agency: M, W, Th, F 8:00am-5:30pm; Tu 8:00am-7:30pm; Sat 8:00am-1:00pm

220 Recovery Rd.

Ocean County Resource Center

Manahawkin, NJ 08050

Inspection: M-F 8:00am-4:30pm; Sat 7:00am-12:00pm

### Miller Air Park

Route 530 & Mule Rd. Berkeley Twp., NJ 08757

Road Testing: Tu-F 8:00am-4:00pm

#### **Toms River**

1861 Hooper Ave. Village Sq. Plaza Toms River, NJ 08753 Agency, Driver Testing: M, W, Th, F 8:00am-5:30pm; Tu 8:00am-7:30pm; Sat 8:00am-1:00pm

## Regional Office: Trenton Agency 120 S. Stockton & Front St.

Trenton, NJ 08611

Services: Driver conferences, driver records, (issuances and inquiries), points and surcharge (inquiries), suspensions and restorations.

Hours: Mon-Fri 8am-4:30pm; Sat 8am-12pm

To replace a lost or stolen license, you will have to bring identification to the MVC and pay an \$11.00 fee. The MVC now has very specific kinds of I.D. that are required under the new "Six Point" system:

Please use this guide to prepare yourself for your trip to MVC. Make sure you have the six points of identification necessary to obtain your drivers license or non drivers I.D.

#### SIX POINT SYSTEM OF IDENTIFICATION

#### **Primary Documents:**

(4 Points)

Birth Certificate or Certified Copy from one of the 50 states.

U.S. Dept. of State Birth Certificate

US Passport-Current or Expired less than 3 years

Current US Passport card

Current NJ Digital Drivers License

Valid Active Duty US Military Photo ID Card

US Adoption papers

Certificate of Naturalization

Certificate of Citizenship

## **Secondary Documents:**

(3 Points)

Civil Marriage/Domestic partnership/ Civil Union

Certificate: Issued by the Municipality or State

Order of Decree of Divorce

Court Order for Legal Name Change: Signed by a judge

or county clerk

US Military Photo/Retiree Card

(2 Points)

U.S. Military Discharge Papers (DD214)

(1 Point)

Current/ Expired (Less than 1 year) Non-Digital NJ

Photo Drivers License

Social Security Card

Bank statement or record

ATM Card w/ pre-printed name and applicant signature

NJ Public Assistance Card w/ Photo

High School Diploma/GED/ College Diploma

Veterans Affairs-Universal Access Photo ID Card

You can get a brochure on this new "Six Point" system from the MVC offices listed above or from the Motor Vehicle Commission web site, <a href="https://www.state.nj.us/mvc">www.state.nj.us/mvc</a>. If your license has expired, you will have to go with your six points of I.D. to the MVC to fill out a renewal application. You may have to take the written test again. License renewal costs \$24.00.

## E. Non-driver's State I.D.

New Jersey provides state photo identification for non-drivers. You can get this official state I.D. even if your driver's license is currently suspended. This may be a good option for you if it is going to be some time before you get your license back. You will still need to bring the same type of identification

documents described previously, under the new "Six Point" system.

## F. Certificates of Naturalization or Citizenship

This certificate is necessary for employment upon your release. In general, if you need to replace lost forms, you can contact the US Citizenship & Immigration Service or Application Support Centers to find out about identification and fingerprint verifications. There is a fee to process an application for replacement documents. The National Customer Service Hotline is 1 (800) 375-5283.

## **Citizenship Locations**

## **US Citizenship & Immigration Service**

**Closest field office to Monmouth and Ocean County** 

Peter Rodino Jr. Federal Building 970 Broad Street, Newark NJ 07102

#### **Application Support Center**

24 Commerce Ave. Newark, NJ 07102

## G. Alien Registration Card "Green Card"

To replace a missing Green Card, you must go to the US Citizenship & Immigration Service Office (see above) to fill out an I-90 form. Please make sure that you bring I.D. with you.

You can also visit the website and download the forms at www.uscis.gov. It costs \$290.00 for processing. If you have any questions or concerns about your status as a result of your criminal conviction, call Legal Services of New Jersey at 1-888-576-5529 before going to immigration.

## H. Military Discharge Papers

**FYI**: You may have the opportunity to meet with the Veterans Administration (VA) liaison from the Veterans Administration during your incarceration. The VA liaison can assist you in requesting a copy of your DD214 (discharge papers) by completing the SF-180 form. Please notify a social worker for assistance with your requests and to obtain information on your veteran status. You can also obtain the SF-180 by writing the Veteran Benefit Administration in NJ or the NPRC, which is the main record depository.

### **Veterans Benefit Administration in New Jersey**

20 Washington Pl., 3<sup>rd</sup> Floor Newark, NJ 07102 1-800-827-1000

## Main records depository

NPRC, 9700 Page Ave St. Louis, MO 63132-5100

## Monmouth County Veterans Affairs Office

3000 Kozloski Road Freehold, NJ 07728 Phone: 732-683-8675 Fax: 732-683-8676 Contact: Sue Moleon, Director, Veterans Services

## Ocean County Veterans Affairs

2280 Hamilton Ave. Hamilton, NJ 08619 609-989-6120 Mon-Fri 8:30am-4:30pm

Upon your release, you can also visit the following web site to request military records; <a href="www.vetrecs.archives.gov">www.vetrecs.archives.gov</a>

Once on the <a href="www.vetrecs.archives.gov">www.vetrecs.archives.gov</a> website, follow the on screen instructions for requesting personnel records. You will be asked to print out a signature page which can either be mailed or faxed. Upon receiving the form, the records will be mailed directly to you.



## I. Passport

Although a passport may not seem like an important item to have at this point, it can serve as a major form of identification because it is widely accepted. There are fees involved in obtaining your passport. To obtain your passport, you may visit the Monmouth/Ocean County Clerk's passport offices:

#### **Monmouth County Connection**

3544 State Highway 66 Neptune, NJ 07753 Phone: 732-303-2828 M, W, F 10:00am-6:00pm T, Th 10:00am-8:00pm Sat 9:00am-1:00pm

#### **Freehold Passport Office**

33 Mechanic Street Freehold, NJ 07728 Phone: 732-431-7324 Mon-Fri 8:30am-4:00pm

## Ocean County Clerk's Office

118 Washington St. Toms River, NJ 08754 Phone: 732-929-2018

## Ocean County Southern Service Center

179 South Main St. Manahawkin, NJ 08092 609-597-1500

## Northern Ocean County Resource Center

225 4th St. Lakewood, NJ 08701 732-370-8850

#### **County Connection**

Ocean County Mall (near JC Penney) Hooper Avenue Toms River, NJ 08753 732-288-7777 To obtain a passport, it is necessary for each applicant to have a long form certified birth certificate with a raised seal, showing both parents names', social security number, a passport photo 2x2 inches in size, and current identification such as a driver's license or government identification.

**\$110.00** Passport Services fee (must be in the form of check or money order payable to U.S. Department of State)

**\$25.00** Execution fee (payable by cash, check [Ocean County] Discover, MasterCard or Visa)

To expedite (3 to 4 weeks): \$60.00 ADDITIONAL. This does not include overnight delivery. If overnight delivery is desired, an additional postage fee of \$20.66 must be included.

## J. NJDOC Release Papers/Temporary I.D. Card

Make sure you keep your prison release papers and temporary I.D. card. Your release papers can serve as identification in some circumstances and your I.D. card is valid for 30 days. These items along with several others will all be included in your *Fair Release and Re-entry Act* (**FRARA**) folder given to you on the day of your release.

# First Steps after Release: Where Do I Go to Find...

This section provides resources for food, shelter, clothing, money, and other emergency needs. We have provided some resource options in Monmouth and Ocean County that you can utilize upon release.

**FYI:** Important paperwork will be needed repeatedly throughout your life. Make sure to invest in a folder or safe to keep important documents. Never carry your birth certificate or Social Security card with you. You will only need to produce these items upon request. It is smarter to keep them in a safe place.

Also, make sure to keep a notebook and a pen with you to write down the names and phone numbers of the people you come in contact with at various agencies. Remember, nobody is going to care about your success as much as you do.

Provided for you are agencies and services that can assist you in finding your basic needs.

**FYI:** It is a good idea to call first to check that the hours of operation haven't changed. Please try to be patient with those that are attempting to assist you.

See the following pages for list of resources.

## A. First Stops

The agencies below provide a range of services and/or, depending on what you need, can refer you to other places.

## **FIRST-STOP AGENCIES**

**2-1-1/First Call for Help** – is a resource for Monmouth & Ocean County residents, which offers comprehensive information and referrals for human services, health care, government and community resource assistance. Dial 211, which can be accessed from the internet, cell phone or landline, 24 hours a day, 7 days a week. Dial 800-331-7272 for the Homeless Hotline, which addresses emergencies and homeless calls. 211is multi-lingual and accepts TTY callers



#### **B.** Shelter

Here are some shelters in Monmouth & Ocean County. Access to most of these shelters can be obtained through the Monmouth/Ocean County Board of Social Services or through a general walk in. Although each agency has been verified, please call to check for the most current hours or operation. Please call the agencies listed below for further information.

Monmouth County 24 Hour Homeless Emergency Phone Line 732-431-6000

## Jersey Shore Rescue Mission

701 Memorial Drive Asbury Park, NJ 07712 732-988-0242 \*Emergency shelter

## **Family Promise of Monmouth County**

PO Box 70 Middletown, NJ 07748 732-495-1050

## **Easter Seals New Jersey**

417 Burns Avenue Fort Monmouth, NJ 07703 732-542-8264 \*Single shelter

## HABcore, Inc.

P.O. Box 2361 Red Bank, NJ 07701 732-544-1975

\*Permanent Supportive Housing: Boarding Home and Independent Living

### Interfaith Neighbors, Inc.

810 4th Ave. Asbury Park, NJ 07712 732-775-0525 \*Affordable housing, rental and mortgage assistance

#### **Manna House**

640 Cliffwood Ave. Cliffwood Beach, NJ 07735 732-566-8774 \*Women and children shelter/transitional housing

## **Affordable Housing Alliance**

3535 Route 66 Parkway 100, Building 4 Neptune Twp, NJ 07754 732-389-2958

#### **Harbor House**

808 Conifer Street Toms River, NJ 08753

24/7 Emergency Hotline: 732-929-0660

\*Emergency shelter and transitional living for youth ages 10-21

# C. Food/Clothing

Here are the food pantries, soup kitchens and in Monmouth and Ocean County. Although each agency has been verified, please call to check for most current hours of operation.

#### Jersey Shore Dream Center

1301 Corlies Ave. Neptune City, NJ 07753 877-391-5732

\*Prisoner Relief Program provides former inmates with clothes, food for the week and toiletries to help with personal hygiene.

#### FoodBank of Monmouth and Ocean Counties

3300 Route 66 Neptune, NJ 07753 732-918-2660 Mon-Fri 8:00am-4:30pm



#### First UMC-Heaven's Kitchen

906 Grand Ave. Asbury Park, NJ 07712 732-775-2693 Wednesdays 5:00pm-7:00pm

## St. Augustine's Soup Kitchen

Atlantic & Prospect Ave. Asbury Park, NJ 07712 732-774-3069 Sundays at 12:00pm

## **Trinity Episcopal Saturday Soup**

503 Asbury Ave. Asbury Park, NJ 07712 732-775-5084 Saturdays 12:00pm-1:00pm

#### Feed All God's Children

33 Throckmorton St./St. Peter's Parish Ctr. Freehold, NJ 07728
732-308-9152 *or* 732-431-8383
M, T, W, Th 11:30am-1:00pm

#### Meal At Noon

93 Liberty St./Second Baptist Church Long Branch, NJ 07740 732-229-1188 or 732-229-2035 Wed 11:00am-12:00pm (bag lunch); Sat 12:00pm-1:00pm (hot meal)

## St. Mark's CCR Soup Kitchen

247 Carr Ave.
Keansburg, NJ 07734
732-787-1075 or 732-787-3520
Mon-Sat 9:00am-10:30am (hot breakfast); Mon-Sun 12:00pm-1:15pm (lunch)

## **Bayshore Lunch Program @ Community Church**

Warren St. between Division & Osborn St. Keyport, NJ 07735 732-217-1148 M, W, F 11:30am-12:30pm; T & Th 12:30pm-1:00pm

## **Lunch Break Soup Kitchen**

121 Dr. James Parker Blvd. Red Bank, NJ 07701 732-747-8577 Mon-Fri 11:00am-1:00pm; Sat 10:00am-12:00pm, bag lunches distributed 11:00am-12:00pm

## **Shalom Mission (Lacey United Meth.)**

203 W. Lacey Rd. Forked River, NJ 08731 609-693-5222 Tuesday 12:00pm-1:30pm

#### Ken's Kitchen

100 Bishop Way Manakawkin, NJ 08050 609-660-9386 Thursday 11:00-12:00pm \*Also provides free blood pressure screenings

## Simon's Kitchen

168 Grant Ave. Seaside Heights, NJ 08752 732-270-5941 Tues & Fri 5:30-7:00pm (Oct-April)

## **Abundant Grace Soup Kitchen**

108 Indian Head Rd.
Toms River, NJ 08753
732-914-2058
1st Saturday of every month from 12:00pm-3:00pm

## Salvation Army/Hearty Helpings Soup Kitchen

1738 Route 37 Toms River, NJ 08753 732-270-8393 Thursday 4:45pm



## **Lutheran Church of Atonement Pantry**

308 1st Ave. Asbury Park, NJ 07712 732-776-5727 2nd and 4th Wednesday of every month 10:30am-12:30pm

## **Salvation Army Pantry-Asbury Park**

605 Asbury Ave. Asbury Park, NJ 07712 732-775-8698 Monday and Friday 9:00am-11:00am

## **Jewish Family Services Pantry**

705 Summerfield Ave. Asbury Park, NJ 07712 732-774-6886 Fridays 12:00pm-1:00pm

#### **Quinn Chapel Pantry**

109 Prospect Ave. Atlantic Highlands, NJ 07716 732-291-1078 Tuesdays 12:30pm-2:30pm by appointment

## **Friends Feeding Families**

180 Church Street (@ Belford UMC) Belford, NJ 07718 732-639-0106 Tuesdays 6:00pm-8:00pm & Saturdays 10:00-12:00pm

#### **Belmar Food Pantry**

7th & D St. (United Methodist Church)
Belmar, NJ 07719
732-280-6100
Mon & Thurs 10:00am-12:00pm and Thursdays 3:00-6:00pm

## **Bradley Food Pantry**

605 4th Ave, next to St. James Church Bradley Beach, NJ 07720 732-775-0161 Mon-Fri 10:00am-12:00pm and Thurs 6:00pm-7:00pm

## **Providence Baptist Pantry**

49 Kennedy Ave. Cliffwood Beach, NJ 07721 732-566-4430 3rd Sat of every month 8:00am-12:00pm

## **Emley's Hill Good Samaritan Pantry**

69 Emley's Hill Road Cream Ridge, NJ 08514 609-758-2166 Wednesdays 6:30pm-7:30pm

## St. Dorthea's Pantry

240 Broad St. (Route 7)
Eatontown, NJ 07724
732-542-0148
2nd & 4th Wednesday 5:00pm-7:00pm and 2nd & 4th Sat
9:00am-11:00am

#### **New Hope Pantry**

28 1st St. (corner of Center)
Freehold, NJ 07728
732-780-9210
3rd Thursday of every month 10:00am-1:00pm & 3rd Sat
9:00am-1:00pm

#### **Open Door Pantry**

39 Throckmorton St./St. Peter's Church Freehold, NJ 07728 732-780-1089 Mon-Fri 10:00am-2:00pm

## **Keyport Ministerium Food Pantry**

10 East Front St. Keyport, NJ 07735 732-888-1986 Tues & Thurs 9:30am-11:30am

#### St. Michael's Food Pantry

800 Ocean Ave. Long Branch, NJ 07740 732-483-0360 x13 3rd Saturday of the month 3:30-5:30pm & by appointment

## **Reformation Food Pantry**

992 Broadway (Corner of Locust) W. Long Branch, NJ 07764 732-229-9180 Tues 7:00pm-8:30pm & Sat 8:30am-10:00am

## **CHANT Food Pantry**

1301 Corlies Ave. (Rt. 33) Unit 1B Neptune, NJ 07753 732-774-2712 Mon-Fri 9:00am-1:00pm

## **Lunch Break Soup Kitchen**

121 Dr. James Parker Blvd. Red Bank, NJ 07701 732-747-8577 M, T, Th, F 10:00am-3:00pm; Wed 12:00pm-6:00pm; Sat 9:00am-12:00pm

## St. Barnabas Pantry

33 Woodland Rd.

Bayville, NJ 08721

732-269-2208 ext. 107

M, W, F 9:30am-11:15am, Wed 5:30pm-7:15pm by appointment

## **Destiny Community Food Pantry**

236 Brick Blvd.

Brick, NJ 08723

732-451-0779

Tues-Thurs 10:00am-2:00pm, Sat 11:00am-2:00pm

#### **St. Pius Pantry**

300 Lacey Rd.

Forked River, NJ 08731

609-693-6105

Mon & Wed 9:00am-4:00pm, Fri 9:00am-1:00pm

## **Island Hgts. UMC Pantry**

111 Ocean Ave.

Island Heights, NJ 08732

732-929-9143

1st and 3rd Tuesday of each month 9:00am-11:00am

#### **Jackson Baptist Pantry**

360 Bennetts Mills Rd.

Jackson, NJ 08527

732-505-4357

Mon-Fri 9:00am-4:00pm call for an appt.

## Lakehurst United Methodist (mobile site)

204 Elm St.

Lakehurst, NJ 08733

732-918-2600

1st Tuesday of the month 9:30-10:30am

## St. Mary's of the Lake

43 Madison Ave.

Lakewood, NJ

732-363-6683

M, W, Th, Sat 9:30am-12:30pm, Tu 1:00pm-4:00pm

## **Greater Tuckerton Food Pantry**

148 North Green St. (Rt. 539)

Tuckerton, NJ 08087

609-294-4777

Mon, Thurs, and Sat 9:00am-12:00pm

## **Tuckerton Interchurch Pantry**

641 Radio Rd. Little Egg Harbor, NJ 609-296-1345 Mon-Fri 2:00-4:00pm

### St. Francis Food Pantry

4700 Long Beach Blvd. Long Beach Twp, NJ 08008 609-494-8861 M, W, F 10:00am-2:00pm, Tu 10:00am-12:00pm, Thurs 4:00pm-6:00pm

## **King of Kings Food Pantry**

1000 N. Main St. Manahawkin, NJ 08050 509-597-7177 Tuesdays 12:00pm-5:00pm

## St. Joseph's Pantry

685 Hooper Ave. Toms River, NJ 08753 732-349-0018 ext. 2207 Mon-Fri 10:00am-4:00pm

## St. Stephen's Food Pantry

367 Route 9 Waretown, NJ 08758 609-698-8561 Mon-Fri 9:00am-12:00pm

## Cedar Run Assembly of God

562 South Main St. (Route 9) West Creek, NJ 08092 609-597-3225 Tuesdays 4:00pm-5:30pm



## Free/Low-cost Clothing

## Clara's Closet @ Lunch Break

121 Dr. James Parker Blvd. Red Bank, NJ 07701 732-474-8577

T, Th, F 10:00am-3:00pm; Wed 12:00pm-5:00pm; Sat 10:00am-12:00pm

\*Suited for Success provides business and special occasion attire. By appointment only. Please call 732-747-8577 x3021

## **Redeem Her-Second Chances Thrift Shop**

101 3rd Ave. Neptune City, NJ 07753 732-776-7006

Mon-Sat 10:00am-5:00pm, Sun 10:30am-5:00pm

\*Redeem Her is a non-profit organization that helps women transitioning out of prison, jail or rehab.

## Goodwill: Bayville

333 Route 9 (Baywick Plaza) Bayville, NJ 08721 732-269-2902

## Goodwill: Ocean Twp.

1 North Mall Dr. Ocean Twp., NJ 07712 732-643-1064

## **Project Paul Thrift Shop**

211 Carr Ave. Keansburg, NJ 07734 732-787-4887

#### St. Peter's Thrift Shop

49 Throckmorton Street Freehold, NJ 07728 732-462-9264 T,W,F 10:00am-2:00pm Th, Sat 10:00am-4:00pm

## **Black Sheep Thrift Shop**

323 Drum Point Road Baywood Plaza Brick, NJ 08723 848-232-2327

## St. Agnes Thrift Shop

Avenue D &South Ave. Atlantic Highlands, NJ 07716 732-291-2156 Winter Hours (Labor Day-Memorial Day) are Tuesday-Sat 9:00am-2:00pm Summer Hours (Memorial Day-Labor Day) are Wednesday-Sat 9:00am-2:00pm

## **Bo's Attic Consignment & Thrift Shop**

455 Route 36 Port Monmouth, NJ 07758 732-787-1150



## **D.** Transportation

There is no general program that will provide assistance paying for transportation. NJ Transit will no longer accept release papers in substitution for bus tickets. However, you may purchase transit tickets from NJDOC for \$2.00 prior to release, which will assist you with reaching your destination.

Some of the programs listed in this book will provide bus passes to help you participate in a particular program. If you are assigned to a community/social service or reporting program, you may want to ask if the program offers transportation assistance.

For specific bus, rail or train schedules and fares, you may call NJ Transit: (973) 275-5555, NJ Text Telephone: 800-772-2287 or visit the NJ Transit Website: <a href="http://www.njtransit.com">http://www.njtransit.com</a>
For specific route information on the web site, click on the "trip planner". For your Monmouth/Ocean County travel convenience, may want to purchase weekly, monthly or discounted transit passes (when applicable).

If you are going to drive places, remember that you **must** have a valid driver's license and you **must** have insurance for any vehicle that you are driving.

# TRANSPORTATION FOR THE DISABLED AND SENIOR CITIZENS

Transportation is generally geared toward seniors, disabled, individuals with AIDS or HIV and others with significant needs. Some agencies provide transportation for their program participants only. Contact the agencies below to determine eligibility requirements.

## **Monmouth County Division of Transportation**

250 Center Street Freehold, NJ 07728 Phone: 732-431-6480

Bus/Train Information: 732-780-1121

Ocean County Ocean Ride 877-929-2082 or 732-736-8989 www.co.ocean.nj.us

Office of Amtrak Access 800-872-7245

## Greyhound Customers with Disabilities Travel Assistance Line

800-752-4841



## E. Money

Once you are released from custody, you will need a source of income until you can find a job. (see section on "Finding a Job" for job seeking information).

The DOC does not provide any "gate money," except for the money you may have in your inmate account. If it is possible to save any money before you are released, you should try to do so. Parole may give emergency funds, based on needs, but it's at their discretion—as your parole officer about this.

You may be eligible to get some sort of public assistance (welfare), not everyone qualifies for this. Listed below are some basics on seeking and applying for benefits.

## **Work First New Jersey Program (WFNJ)**

WFNJ provides cash benefits (General Assistance) for single people and Temporary Assistance for Needy Families for people who have custody of their children. Both programs will require you to work or actively look for work and both have a five-year lifetime limit. Work First New Jersey also has an Emergency Assistance program that you may qualify for if you are homeless or at risk of becoming homeless: it can pay for things like food, clothing and transportation costs to look for housing, but also utility payments and temporary rental or mortgage payment assistance. You can contact your social worker for more information.

**FYI:** Please call your local office to verify what the eligibility requirements are for obtaining General Assistance.

## **NJ SNAP (formerly Food Stamps)**

You may apply for NJ SNAP while applying for GA/TANF. If you were convicted after August 22, 1996 of a drug distribution or sales offense, you may still be able to get NJ SNAP if you have completed or are enrolled in a licensed drug treatment program, or completed a program in prison and are drug free (you will be tested). Same goes for possession offenses. Please contact the Division of Welfare in Hudson County to inquire.

#### **Monmouth County Division of Social Services**

3000 Kozloski Rd. Freehold, NJ 07728 Phone: 732-431-6000

For clients only: 800-662-3114

Fax: 732-431-6266

Hours: Mon-Fri 8:30am-4:30pm; evening hours on Thursday

from 4:30pm-8:00pm

## **Ocean County Board of Social Services**

1027 Hooper Ave. Buildings 3, 4, 5 & 7 Toms River, NJ 08753 Phone: 732-349-1500

Emergency/after hours: 732-240-6100 / 609-693-5834



## F: Veterans Benefits

If you were receiving veteran's benefits, either for disability or a pension, and you were incarcerated for more than 60 days, you will have to get reinstated after you are released. If you were not receiving benefits and you are a veteran, you may be eligible for benefits or for other programs and services, including health care. You can contact the Veterans Administration for questions about benefits at 800-827-1000; the health benefit number is 877-222-VETS. The 24-hour veterans mental health hotline is **1-866-VETS-NJ4U**.

#### The closest VA Benefit Administration is located at:

110A Meadowlands Parkway, Suite 102 Secaucus NJ 07094 201-223-7787

## **Regional Office**

20 Washington Pl., 3<sup>rd</sup> Floor Newark, NJ 07102 973-645-1441

#### The nearest Veterans Services Office is located at:

## **Monmouth County Veterans Affairs Office**

3000 Kozloski Road Freehold, NJ 07728 Phone: 732-683-8675

Fax: 732-683-8676

Contact: Sue Moleon, Director, Veterans Services

#### Ocean County Veterans Service Bureau

1027 Hooper Ave., 1st Floor Toms River, NJ 08754 732-929-2096 The following are some websites that can assist you in looking for information about veteran services:

Federal Veterans Information:

www.va.gov

Info for NJ Veterans: www.vetsinfo.com

New Jersey Dept of Veterans Affairs: www.state.nj.us/military

New Jersey Veterans Guide: www.state.nj.us/military/veterans/njguide

VA Home Loans: www.homeloans.va.gov

Veterans Counseling Service Center: www.va.gov/rcs/newjersey/html

Be aware that the VA takes considerable time to make decisions. On average, it can take 273 days to process a new application for benefits.

**OTHER BENEFIT PROGRAMS**: You may be eligible for other cash benefits, including Supplemental Security Income (SSI) disability benefits (if you are seriously disabled and cannot work) call 1-800-772-1213 and the Women's, Infants, Children (WIC) program, which gives food vouchers to low-income parents. You can inquire about WIC at the city and county welfare offices.

## **Taking Care of Yourself: Getting Support**

The transition from prison back to society may take some time to get adjusted and we want to provide you with options to lessen the burden. Taking care of your mind and body will be important for your success. Below are a few places to that may be of assistance.

## Taking Care of Yourself: Health Care Resources

It is very important that you pay close attention to your aftercare once you are released from custody. Change in your daily routine cause a certain level of stress. Stress along with any medical condition may worsen if routine monitoring and treatment are not available. Therefore the resources listed below provide information on paying for health care, clinic visits and other resources in Monmouth and/or Ocean County.

Prior to your release, you will be given the opportunity to apply for Medicaid through the Affordable Health Care Act (ACA). ACA allows those with little or no income to be eligible for Medicaid under the new law. New Jersey residents complete an application for New Jersey Family Care and out of state residents complete an application for the Healthcare Marketplace. Applying for healthcare while at NJDOC allows enough time for processing to be completed and a health insurance card to be mailed to your residence with coverage beginning the day of your release. For more information regarding the Affordable Care Act and Medicaid, please contact your social worker or visit <a href="www.njfamilycare.org">www.njfamilycare.org</a> or <a href="ww

## A. Health Care Benefits: Am I eligible?

In New Jersey, the **Medicaid** program provides health care benefits for some low-income people. If you gain custody of children under 18 when you are released, you may qualify if you are; *single*, *head of house and unemployed*, *or existing earnings are not enough to support the household* Other eligibility requirements include low-income status, over age 65, blindness, or inability to work due to a disability.

If you are disabled and are applying for SSI, you will also be screened for Medicaid at that time. If you qualify for General Assistance benefits, you will get some very basic health care benefits through Medicaid (Plan G). Medicaid is a separate program from GA or TANF, so you don't have to be eligible for those benefits to qualify for Medicaid.

For questions about <u>Medicaid eligibility</u>, or to apply for Medicaid in Monmouth and/or Ocean County go to:

## **Monmouth County Division of Social Services**

3000 Kozloski Rd. Freehold, NJ 07728 Phone: 732-431-6000 For clients only: 800-662-3114 Fax: 732-431-6266

Hours: Mon-Fri 8:30am-4:30pm; evening hours on Thursday from 4:30pm-8:00pm

### **Ocean County Board of Social Services**

1027 Hooper Ave. Buildings 3, 4, 5, & 7 Toms River, NJ 08753 Phone: 732-349-1500

Fax: 732-244-8075 Hours: Mon-Fri 8:30am-4:30pm If you are a veteran, you may be eligible for health care benefits through the **Veterans Administration**, which provides a "Medical Benefits Package" for enrolled veterans. You may call 877-222-VETS for more information about eligibility and applying for benefits.

If you are HIV+ or have AIDS, you may also be eligible for the **AIDS Drug Distribution Program** (ADDP), which provides help paying for HIV/AIDS medication for people who do not have other ways of paying. **You can apply for this program before you are released**. Contact the **Aids Drug Distribution Program** at 609-588-7038 or toll free 877-613-4533, Mon-Fri 8am-5pm to apply.

**Easter Seals New Jersey** provides information, referrals and loans of medical equipment (including wheelchairs) to people in need. For information call 732-257-6662.



## **B.** General HealthCare Providers

Even if you do not have Medicaid or other health insurance and benefits, here are some facilities that provide primary health care at low cost, sliding scale or free service. They are listed below. Most hospitals have charity care, for which you can inquire about during a hospital emergency room visit.

#### MONMOUTH COUNTY HEALTHCARE LOCATIONS

#### **Monmouth Family Health Center**

270 Broadway Long Branch, NJ 07740 732-923-7100

Adult Medicine hours: Mon & Wed 8:00am-7:00pm; Tues,

Thurs, Fri 8:00am-5:00pm; Sat 8:00am-4:00pm Pediatric Care hours: Mon-Fri 8:00am-5:00pm

Podiatric Medicine hours: Wed & Thurs 8:30am-11:30am HIV Specialty Services hours: Mon-Fri 8:30am-5:00pm

## Monmouth Family Health Center-Women's Wellness Center

80 Pavilion Ave.

Long Branch, NJ 07740 732-413-2030

Mon-Thur 8:00am-4:30pm

Site provides gynecological care, birth control and counseling, menopausal medicine, breast health screenings, general and high risk prenatal care, pregnancy tests and confirmation, childbirth preparation, postpartum care, postpartum depression screening and treatment, certified HealthStart provider

# **Parker Family Health Center**

211 Shrewsbury Ave. Red Bank, NJ 07701 732-212-0777

Hours: Mon & Wed 9:00am-6:00pm; Tues & Thur 9:00am-4:30pm; Fri 9:00am-4:00pm; Sat 8:00am-12:00pm
Provides pre-employment and school physicals, immunizations and well-child care, children's dental screenings, women's health care, chronic disease management, hypertension clinic, adult immunizations, vision screening, affordable prescription medications, social service referrals and cancer screening (through NJCEED).

# <u>Visiting Nurse Association of Central Jersey Community Health</u>

# Centers (4 locations)

# **CHC of Asbury Park**

1301 Main St.

Asbury Park, NJ 07712 Phone: 732-774-6333 Fax: 732-774-0313

Hours: M,T, Th 8:00am-6:00pm; Wed 8:30am-5:00pm; Fri

8:30am-4:30pm and Sat 8:00am-1:00pm

# **Keyport Primary Care Center**

35 Broad St.

Keyport, NJ 07735 Phone: 732-888-4149 Fax: 732-264-0799

Hours: M, Th, F 8:30am-4:30pm; Tues 10:00am-6:00pm; Wed 8:30am-4:30pm and Sat (Prenatal day only) 8:00am-1:00pm.

# **Keansburg Community Health Center**

100 Main St.

Keansburg, NJ 07734 Phone: 732-787-1250 Fax: 732-787-4079

Hours: Mon-Fri 8:30am-4:30pm

# **Red Bank Community Health Center**

176 Riverside Ave. Red Bank, NJ 07701 Phone: 732-219-6620 Fax: 732-219-6625

Hours: M, T, Th, F 8:30am-4:30pm; Wed 9:00am-5:00pm

# OCEAN COUNTY HEALTHCARE LOCATIONS

#### **CHEMED**

1771 Madison Ave. Lakewood, NJ 08701

Phone: 732-364-2144 or 732-364-6666

Fax: 732-253-4011

Services: internal medicine, pediatrics, dentistry, behavioral health, women's health, specialty care (cardiology & endocrinology), LRRC social services and a pharmacy.

\*Call for hours of operation

# **Coastal Volunteers in Medicine**

349 South Main St., Suite 8

Barnegat, NJ 08005 Phone: 609-384-0102 Fax: 1-888-972-7314

Services: outpatient primary medical care, preventative medical care, referrals for specialized services, adult health literacy programs, navigators for patient during treatment, translation and interpretation services and prescription assistance.

Hours; Tu, W, Th 10:00am-2:00pm

# Ocean Health Initiatives, Inc. (4 Locations)

Lakewood Health Center

101 2nd Street Lakewood, NJ 08701

Hours: M, Th, F 8:00am-5:30pm; T, W 8:00am-8:00pm

\*For appointments call: 732-363-6655

# Toms River Health Center

301 Lakehurst Rd. Toms River, NJ 08755

Hours: M, T, W, F 8:00am-5:30pm, Th 8:00am-8:00pm

\*For appointments call: 732-363-6655

#### Manahawkin Health Center

333 Haywood Rd.

Manahawkin, NJ 08050 Hours: M-F 8:00am-4:30pm

\*For appointments call: 732-363-6655

# Manchester Health Center

686 Route 70

Lakehurst, NJ 08733

Hours: M-F 8:30am-5:00pm

\*For appointments call: 732-363-6655

Services: behavioral health, dental, family medicine, internal medicine, OB/GYN, pediatrics, podiatry and social services.

# **HOSPITALS IN MONMOUTH AND OCEAN COUNTY**

# **Bayshore Community Hospital**

727 North Beers Street Holmdel, NJ 07733-1598 Phone: 732-739-5900 Fax: 732-739-5887

#### **Monmouth Medical Center**

300 Second Ave. Long Branch, NJ 07740 Phone: 732-222-5200

Fax: 732-823-7570

#### **Ocean Medical Center**

425 Jack Martin Blvd. Brick, NJ 08724 732-840-2200

# CentraState Healthcare System

901 West Main Street Freehold, NJ 07728 Phone: 732-431-2000 Fax: 732-462-5129

#### **Riverview Medical Center Division**

1 Riverview Plaza Red Bank, NJ 07701 Phone: 732-741-2700 Fax: 732-224-8408

# **Jersey Shore Medical Center**

1945 Route 33 Neptune, NJ 07754 Phone: 732-775-5500 Fax: 732-776-4583

**FYI:** All of these centers accept Medicaid and some insurance plans, but also provide services on a sliding scale basis, additional fees for x-rays and lab work. Primary and preventative care. Staff there may help you apply for Medicaid, charity care or other benefits if you are eligible.

# **Monmouth County Health Department**

3435 Highway 9 Freehold, NJ 07728 Phone: 732-431-7456 Fax: 732-409-7579

# **Ocean County Health Department**

175 Sunset Ave. Toms River, NJ 08754 Toll free: 800-342-9738 Phone: 732-341-9700 Hours: 8:00am-5:00pm

# Family Planning Centers in Monmouth & Ocean County Area:

# **Planned Parenthood**

**Freehold Center** 

800 W. Main St. Freehold, NJ 07728 Phone: 732-431-1717 Fax: 732-431-4846

Hours: Mon 11:30am-7:00pm; Wed & Fri 8:30am-4:00pm Services include abortion services, birth control, HIV testing, LGBT services, men's health care, Morning-After Pill (emergency contraception), pregnancy testing & services, STD testing, treatment & vaccines and women's health care.

# **Shrewsbury Center**

69 East Newman Springs Rd. PO Box 95 Shrewsbury, NJ 07702 Phone: 732-842-9300

Fax: 732-842-9338

Hours: Mon & Tues 9:00am-4:30pm; Wed 10:30am-6:00pm; Thurs 11:00am-7:30pm, Fri 10:00am-4:00pm; Sat 8:00am-3:00pm

Services offered: abortion services, birth control, HIV testing, LGBT services, men's health care, morning-after pill (emergency contraception), pregnancy testing & services, STD testing, treatment & vaccines, women's health care.

# **Family Planning Center of Ocean County**

<u>Lakewood Office</u> 290 River Ave. Lakewood, NJ 08701 Phone: 732-364-9696 TTY: 732-364-0448

Hours: M, T, Th 9:00am-8:00pm; W, F 9:00am-4:30pm

Manahawkin Office 1173 Beacon Ave., Suite B Manahawkin, NJ 08050 Phone: 609-597-6094

Hours: Wednesday 12:00pm-7:00pm

# C. Services for People with HIV/AIDS

In addition to the clinics listed above, a number of places in Monmouth County offer care and support services specifically for those living with HIV and AIDS.

# **HIV & AIDS Ambulatory Care Clinic (A-Team)**

Jersey Shore University Medical Center 1828 West Lake Ave., Suite 203 Neptune, NJ 07753 732-776-4700

# The Center in Asbury Park, Inc.

806 3<sup>rd</sup> Ave. Asbury Park, NJ 07712 732-774-3416

Office hours: Mon-Fri 10:00am-4:00pm

# **Beacon House**

1410 6<sup>th</sup> Ave. Neptune, NJ 07753 732-502-9245 Office hours: 24/7

#### **Catholic Charities**

238 Neptune Blvd., Suite 2B Neptune, NJ 07753 732-879-7701 x111

Office hours: Mon-Thurs 8:30am-8:30pm; Fri 8:30am-4:30pm

#### Check-Mate, Inc.

910 4<sup>th</sup> Ave. Asbury Park, NJ 07712 732-774-3220

Office hours: Mon-Fri 9:00am-4:30pm

# Lakewood Resource and Referral Center, Inc.

1771 Madison Ave. Lakewood, NJ 08701

Phone: 732-364-2144 ext. 206

Fax: 732-364-3559

Hours: Mon-Thurs 8:30am-9:00pm, Fri 8:30am-2:00pm, Sat by

appointment only, Sun 8:30am-6:00pm

# **Community Medical Center**

99 Route 37 West Toms River, NJ 08755 Phone: 732-557-8000 Fax: 732-557-8956

Hours: Mon-Fri 7:00am-4:30pm

# **Ocean County Health Department**

175 Sunset Ave.

Toms River, NJ 08754 Phone: 732-341-9700 Fax: 732-341-5461

Hours: M, W, F 8:00am-5:00pm, Tues 8:00am-9:00pm

#### Freehold Twp. Health Department

1 Municipal Plaza Freehold, NJ 07728 732-294-2060

Office hours: Mon-Fri 8:30am-4:30pm

# Long Branch Dept. of Health

344 Broadway Long Branch, NJ 07740 732-571-5665

Office hours: Mon-Fri 8:30am-4:30pm

# Manalapan Twp. Department of Health

120 Route 522 & Taylor Mills Rd. Town Hall Manalapan, NJ 07726 732-446-8345

Office hours: Mon-Fri 8:30am-4:30pm

# Middletown Twp. Health Department

1 Kings Highway Middletown, NJ 07748 732-615-2095

Office hours: Mon-Fri 8:00am-5:00pm

## **Monmouth County Health Department**

3435 US Highway 9 Freehold, NJ 07728 732-431-7456

Office hours: Mon-Fri 8:30am-4:30pm

# NJ AIDS/STD Hotline

1-800-624-2377 - 24 hours/day

1.800.433.0254

Live Text: Send a test message to 8006242377@njpies.org

Live Chat: visit the webpage www.njhivstdline.org

The hotlines provide referrals, general information, counseling,

testing locations and treatment information.

# **Rapid Testing Centers**

# Asbury Park

# Check-Mate, Inc.

910 4th Ave.

Asbury Park, NJ 07712

732-774-3100 ext. 124

# **Jersey Shore Addiction Services**

1200 Memorial Drive

Asbury Park, NJ 07712

732-988-8877

# Visiting Nurse Association of Central Jersey-Community

# **Health Center**

1301 Main St.

Asbury Park, NJ 07712

732-774-6333

# **Visiting Nurse Association of Central Jersey-HIV Prevention**

### Services

816 Sunset Ave.

Asbury Park, NJ 07712

732-502-5100

#### Freehold

# Planned Parenthood of Central New Jersey-Freehold

800 W. Main Street

Freehold, NJ 07728

732-431-1717

#### Lakewood

# **Family Planning of Ocean County**

290 River Ave.

Lakewood, NJ 08701

732-364-9696

#### **Ocean Health Initiatives**

101 2nd St.

Lakewood, NJ 08701

732-363-6655

# Manahawkin

# **Ocean Health Initiatives**

333 Haywood Rd.

Manahawkin, NJ 08050

609-489-0110

#### Nentune

#### **Monmouth Regional Screening Center**

1828 West Lake Ave., Suite 202

Neptune, NJ 07753

732-869-5740

# Jersey Shore medical Center Emergency Department

(for emergency department patients only) 1945 Route 33 Neptune, NJ 07753 732-775-5500

#### Shrewsbury

# Planned Parenthood of Central New Jersey-Shrewsbury

69 E. Newman Springs Rd. Shrewsbury, NJ 07702 732-842-9300

#### Toms River

# **Ocean County Health Department**

175 Sunset Ave. Toms River, NJ 08753 732-341-9700 ext. 7604 **Ocean Health Initiatives** 301 Lakehurst Rd. Toms River, NJ 08753 732-552-0377

# D. Services for People With Tuberculosis and Hepatitis C

In addition to the general medical care facilities listed above, there are a few services especially for people with tuberculosis and hepatitis C.

# **Rutgers Global TB Institute**

NJ Medical School-Clinical Services 225 Warren St. Newark, NJ 07103 973-672-6232

#### **Tuberculosis Program**

50 East Street, 3<sup>rd</sup> Floor P.O. Box 363 Trenton, NJ 08625-0363 609-826-4878

# E. Dental Care



The locations listed below don't provide free care, but do have a sliding scale for those without insurance. Waiting lists can be long.

**NJ Family Care** is available to certain low income parents. In addition to health benefits dental and eyeglasses are offered. For

children this service is free. In order to check for eligibility, please call 1-800-701-0710

### Jersey Shore University Medical Center

1828 West Lake Ave. Neptune, NJ 07753 732-869-5736

Mon-Fri 8:00am-4:00pm

Services: preventative, restorative, prosthodontics, pedodontics, oral surgery, endodontics and orthodontics.

Payment methods: charity care, Medicaid, self-pay and sliding scale.

#### **Monmouth Family Health Center**

300 2nd Ave. Long Branch, NJ 07740 732-923-6585

Mon-Fri 8:00am-5:00pm; Sat 8:30am-4:00pm

Services: preventative, restorative, pedodontics, oral surgery and endodontics.

Payment methods: Medicaid, self-pay and sliding scale.

# Ocean Health Initiatives, Inc. (2 locations)

Lakewood Health Center 101 2nd St. Lakewood, NJ 08701 Toms River Health Center 301 Lakehurst Rd. Toms River, NJ 08755

Phone: 732-363-6655

Services: general dentistry care, cleanings and screenings, routine checkups beginning at 12 months, fluoride treatments, sealants, extractions, x-rays, treatment of gum disease and removal of decayed teeth.

# F. Mental Health and Substance Abuse Resources

FYI: Drug addiction can be fatal to your health, not to mention illegal and can result in jail time. In order to be successful in society seeking services for a drug or alcohol addiction will be necessary. Many of the health clinics, support centers and other resources listed in this guide can help refer you to treatment that most fit your needs. Listed below are some of Monmouth & Ocean County's treatment resources and each of these will also help with referrals if they cannot help you. If you want treatment, you should also ask your parole officer for help — beds in treatment facilities are hard to come by, and they can help get you in. There are Narcotics Anonymous (NA) and Alcoholics Anonymous (AA) support group meetings all over Monmouth County. To find a meeting near you, call 866-920-

1212 (for AA) or 800-992-0401 (for NA). For other self-help group resources, call the New Jersey Self Help Clearinghouse at 800-367-6274. Also, you can call the Addictions Hotline of NJ at 800-238-2333.

**FYI:** Each county has a mental health administrator. When you call this person they will provide you with the names and phone numbers closest to your area to provide services that fit your needs.

# The Mental Health Administrators for Monmouth and Ocean County are:

Steven J. Horvath, Assistant Director PO Box 3000 Kozloski Rd. Freehold, NJ 07728 732-431-7200 Mon-Fri 8:30am-4:30pm

Jamie Busch, Mental Health Administrator Dept. of Human Services 1027 Hooper Ave., Building 2 Toms River, NJ 08754 732-506-5374

# **Detoxification Centers in NJ**

# **Aldie Counseling Center**

2291 Cabot Boulevard West Langhorne, PA 19047 215-642-3230

# Behavioral Crossroads Recovery, LLC

509 South Blackhorse Pike (Rt 168) Turnersville, NJ 08012 609-964-4061 ext. 2

## **Burlington Comp Counseling Inc.**

75 Washington Street Mount Holly, NJ 08060 609-267-3610

#### **Carrier Clinic**

252 County Route 601 Belle Mead, NJ 08502 908-281-1000

# **Hunterdon Med Center/Addictions Treatment Services**

2100 Wescott Drive Flemington, NJ 08822 908-788-6401

# Jersey City Medical Center

355 Grand Street Jersey City, NJ 07302 201-915-2281

# Kaleidoscope Health Care, INC

75 Harrison Avenue Jersey City, NJ 07304 201-451-5425

# **Livengrin Foundation Inc.**

4833 Hulmeville Road Bensalem, PA 19020 215-638-5200

#### **New Horizon Treatment Services Inc.**

132 Perry Street Trenton, NJ 08618 609-394-8988

# **New Pathway Counseling Services**

995 Broadway Bayone, NJ 07002 201-436-1022

#### **Princeton House Behavioral Health**

905 Herrontown Road Princeton, NJ 08540 609-497-3300

#### **Somerset Treatment Services**

118 West End Avenue Somerville, NJ 08876 908-722-1232 **Spectrum Health Care, INC** 74-80 Pacific Avenue

74-80 Pacific Avenue Jersey City, NJ 07304 201-860-6100

# **Summit Behavior Health**

4065 Quakerbridge Road Princeton Junction, NJ 08550 609-651-4001

# **Today Inc.**

1990 North Woodbourne Road Newtown, PA 18940 215-968-4713

# **Turning Point, INC.**

595 County Avenue Secaucus, NJ 07096 973-239-9400

## **Outpatient and Residential Treatment in Monmouth County**

# **CPC Behavioral Healthcare**

270 Highway 35 Red Bank, NJ 07701 732-842-2000 Outpatient services

#### **CPC Behavioral Healthcare**

Aberdeen Counseling Center 1088 Highway 34 Aberdeen, NJ 07747 732-290-1700 Partial care and outpatient services

#### **CPC Behavioral Healthcare**

22 Court St.
Freehold, NJ 07728
732-780-2012
Integrated case management services

# **Jersey Shore Medical Center**

Parkway 100 3535 Rt. 66--Building 5 Neptune, NJ 07753 732-643-4400 Outpatient and partial care services

## **Monmouth Medical Center**

75 North Bath Ave. Long Branch, NJ 07740 732-923-6500 Partial care and outpatient services

# **Riverview Medical Center**

Booker Behavioral Health 661 Shrewsbury Ave. Shrewsbury, NJ 07702 732-345-3400 Outpatient and partial care services

# Easter Seal Society of NJ

615 Hope Road Victoria Plaza Eatontown, NJ 07712 732-380-0390 Residential services

#### **Declarations**

345 Union Hill Rd., Building 2, Suite C Manalapan, NJ 07726 732-792-6990 Residential services

#### **High Focus Centers**

6 Paragon Way, Suite 104 Freehold, NJ 07728 866-463-9804

Intensive outpatient program and partial hospitalization services

# **Catholic Charities-Project Free**

238 Neptune Blvd. Neptune, NJ 07753 732-897-7701

Outpatient, intensive outpatient and partial care addiction services

# Community Rehab, Inc.

3443 Route 9 Freehold, NJ 07728 732-462-5553

Outpatient, intensive outpatient and partial care addiction services

#### **Endeavor House**

6 Broadway Keyport, NJ 07735 732-264-3824 x101

Outpatient, intensive outpatient and residential addiction services.

# **Recovery Innovations**

1 Corbett Way Eatontown, NJ 07724 732-380-7061

Outpatient, intensive outpatient and partial care services

# **Outpatient and Residential Treatment in Ocean County**

#### **Barnabas Behavioral Health Center**

1691 Route 9 Toms River, NJ 08754 732-914-1688 Inpatient services

# The Counseling Center at Toms River

1198 Lakewood Road, Suite 101

Toms River, NJ 08753 Phone: 732-736-6559 Fax: 732-797-2388

Outpatient, intensive outpatient and dual diagnosis

services/programs

# **Toms River Drug Treatment Centers**

1258 Hooper Ave., Suite 322 Toms River, NJ 08753 732-608-2260

Inpatient medical detox, inpatient rehabilitation, residential rehab, acupuncture therapy, equine therapy, pain management and yoga

# **Seashore Family Services of New Jersey**

#### (2 locations)

Administration/Brick

35 Beaverson Blvd.

Bldg 8 Suite 8A

Brick, NJ 08723

732-920-2700 or 732-477-3507

Toms River

226 Main St.

Toms River, NJ 08753

732-244-1600

Family counseling, substance abuse services, and anger management programs

# **Lighthouse Recovery**

Lighthouse at Manahawkin Cedar Bridge Plaza, 400 North Main St., Suite 2 Manahawkin, NJ 08050 609-489-0787 Outpatient services

# **Preferred Behavioral Health**

700 Airport Rd. Lakewood, NJ 08701 732-367-4700

Co-occurring services (mental illness & substance abuse)

# The Center, Co-Occurring Partial Care Program

5 Airport Rd. Lakewood, NJ 08701 732-961-9666

# Ocean Mental Health Services (2 Locations)

Berkeley Center Office 160 Atlantic City Blvd. Bayville, NJ 08721 732-349-5550 Manahawkin Outpatient Office 81 Nautilus Drive Manahawkin, NJ 08050 609-597-5327

Outpatient and adult partial care services

#### St. Francis Counseling Service

4700 Long Beach Blvd. Long Beach Twp, NJ 08008 609-494-8861 or 609-494-1554 Outpatient counseling services

# **Lakewood Community Service Corp.**

500 West Kennedy Blvd. Lakewood, NJ 08701 732-901-6001 Outpatient counseling services

FYI: While the medical care and drug treatment and/or detoxification facilities listed above may be able to assist you with medication for mental health issues, and some counseling as well, there are also places to go to get counseling and therapy and other mental health services. Some of these services require Medicaid or other insurance, but some will also have sliding scale payments.

Although the services below provide mental health services, some may also offer substance abuse services as well.

# **G.** Emergency Mental Health Services

FYI: If at any time you may want to hurt yourself or someone else, please call 911. If you feel like you may be a danger to your self or others. It is very important that you call someone for help. Here are a few numbers of places that would be more than willing to come to your aid.

In the event of a mental health emergency, call 609-396-HELP (4357)
\*If you are in immediate danger, call 911

# **Primary Screening Centers for Monmouth County:**

Centra State Medical Center 901 W. Main Street Freehold, NJ 07728 732-294-2595

# Jersey Shore University Medical Center

1945 Corlies Ave., Rt. 33 Neptune, NJ 07753 732-776-45555

#### **Riverview Medical Center**

1 Riverview Plaza Red Bank, NJ 07701 732-219-5325

# **Primary Screening Center for Ocean County**

#### **Kimball Medical Center**

600 River Ave. Lakewood, NJ 08701 866-904-4474 or 732-886-4474

# H. Free/Low Cost Eyeglasses and Eye care



# Monmouth County Health Dept.

3435 Highway 9 North Freehold, NJ 07728 732-431-7456, call for an appointment Free eye screenings-Freehold: the second Monday of every month

# National Federation of the Blind of New Jersey

69 Prospect Place Belleville, NJ 07109 973-450-3030

# New Eyes for the Needy

549 Millburn Avenue PO Box 332 Short Hills, NJ 07078 973-376-4903

Hours: Mon-Thurs 9:00am-12:30pm; 1:30pm-4:00pm Friday (closed during July/August) 9:00am-12:00pm Eligibility: Must be in financial need; have had a recent eye exam. (New Eyes does not pay for eye exams but does provide referrals); have no other resources available to pay for glasses, including federal or state programs or assistance from local charitable organizations; income at or below the U.S. poverty guidelines

\*A New Eyes voucher typically covers only the cost of a basic pair of single or bifocal eyeglasses.



# **Employment Assistance and Training Programs**

Getting a job is usually one of the most important necessities when released from prison. Not everyone can obtain employment immediately, sometimes things like getting drug treatment, dealing with your housing, health or family situation may come first. For most people, though, finding work is the first step to getting back on your feet. It will be very challenging to get a job once you have been in prison, but it is not impossible, and you need to be persistent and patient. Below are some pointers on job searching, and information about resources that can help you find a job or get training for the job you want.

# A. Things to Know Before You Start Your Job Search

Be Prepared: It is essential that you are organized, and have all records of previous employment available when beginning a job search. A resume is the smartest thing you can create. If you are unsure of how to do so, you may go to your local one-stop career center and seek assistance. Not only will employers want to know your work history, they will inquire of accurate dates that you were employed with the company. Knowing this information is vital to ensuring employment. Employers will not be interested in hearing that you do not remember dates or addresses for your work history. If an employer decides to hire you, he will also need your identification, so make sure that is readily available.

**Presentation:** Look as neat, clean and organized as possible, no matter what the job is. Be polite and respectful, even when people are not polite and respectful to you, and many won't be. Making the person you want to help you or hire you mad won't get you the job you want.

# **Talking About Your Criminal Record:**

Never omit or falsify a document that asks you specifically if you have a criminal record. The application may ask you to give details to the nature of your crime or it may not. Chances are a criminal background check will be administered prior to employment, and lying will cost you the job.

# IT'S A JOB FOR RIGHT NOW, IT'S NOT THE REST OF YOUR LIFE

When you are first starting out, especially if you've been out of the job market for a while, or have never had a job, you need to build a work history, and, of course, you need to make some money. Take whatever job you can get for now — it doesn't have to be the exact job you want, or what you eventually want to be doing. Do this job well —even if it's not a great job — and it can help you get a better one in the future. A year of good job performance will make your criminal record matter less.

# **B.** Help with Job Search and Job Training: Resources

The following are good places to start in looking for a job.

# **Monmouth County One Stop Career Center**

145 Wyckoff Rd. Suite 201 Eatontown, NJ 07724 732-683-8850 Mon-Fri 8 :30am-4 :30pm

# **Ocean County One-Stop Career Center**

Building #2 1027 Hooper Ave. Toms River, NJ 08754 732-286-5616 Mon-Fri 8 :30am-4 :30pm

# **For Vocational Rehabilitation Services:**

**Center for Vocational Rehabilitation** 

15 Meridian Rd. Eatontown, NJ 07724 732-544-1800 Mon-Fri 8:00am-4:00pm

# The Arc of Monmouth

1158 Wayside Rd. Tinton Falls, NJ 07712 732-493-1919 Locations in Neptune, Long Branch, Eatontown, Morganville, Freehold, Red Bank and Tinton Falls.

# **ARC Employment Center**

150 N. Oberlin Ave. Lakewood, NJ 08701 732-363-6677

# NJ Division of Vocational Rehabilitation Services (DVRS)

1027 Hooper Ave. Bldg. 6 3rd Floor, Suite 1 Toms River, NJ 08753 732-505-2310 or 866-341-8531

#### **Ladacin Network**

ACCESS Unlimited-Monmouth County 3500 Sunset Ave., Suites D 3 & 4 Wanamassa, NJ 07712 732-643-9069

#### Lifework

270 Industrial Way West Eatontown, NJ 07724 732-542-2525

# Waters & Sims Employment Services Inc. (2 Locations)

Monmouth County

Mailing address: PO Box 8685 Red Bank, NJ 07701 Office location: 135 Monmouth Street 1st Floor Red Bank, NJ 07701 732-747-5544 Ocean County 508 Main St. Toms River, NJ 08753 732-240-7910

#### **Supported Employment Services**

725 Airport Rd. Lakewood, NJ 08701 732-367-5811

# C. Legal Restrictions on Employment and Protections Against Discrimination

If you are interested in getting a job and building a career in a particular area, you should make sure that it isn't one that is forbidden to someone with the kind of criminal conviction that you have on your record. There are about 22 categories of jobs in New Jersey that exclude people with convictions (which conviction it is varies by job). These include: aircraft/airport employees; paid public school employees, school bus drivers and school crossing guards; bank employees; bartenders and waiters in establishments where liquor is served; housing authority and municipal police and parking enforcement officers; New Jersey Turnpike Authority employees; liquor retail, wholesale, manufacturing or distributing employees; paid firefighters; child care center employees; community residences for individuals with developmental disabilities. A

residences for individuals with developmental disabilities. A much larger number of jobs require that you disclose your criminal record, and those employers perform background checks; some of these, however, also require that employers consider evidence of rehabilitation. These include most jobs in the health care and counseling fields (including drug and alcohol counseling) and social workers.

**FYI:** If you are going to begin training in a particular field, make sure you find out from the training course whether there are any restrictions that will keep you from getting a job.

## **Protections for Licensed Occupations:**

If you are not absolutely barred from a position because of your conviction, New Jersey law says that you cannot be denied a professional license simply because of your conviction unless the crime for which you were convicted relates to the occupation you want to enter. If the licensing board or agency wants to deny you a license because the crime is related to the occupation, they have to explain, in writing, that they have considered certain factors like the seriousness of the crime, the circumstances of the crime, the date and your age when convicted, whether the crime was an isolated or repeated event, social conditions, and evidence of rehabilitation. You can ask your parole officer about applying for a "certificate of rehabilitation," which can be used in your license application.

# **D.** Benefits for Employers Who Hire People With Criminal Records

As you look for a job you can tell employers that the federal government has programs to support employers who hire people coming out of prison.

**FYI:** Work Opportunity Tax Credit (WOTC): With the Work Opportunity Tax Credit, your employer may be able to save up to \$4800 the first year you are hired. Make sure to inform your potential employer of this benefit.

For questions regarding WOTC, please call 609-292-5525 or 1-800-792-8881

**Federal Bonding Program:** Provides bonding "or insurance coverage" for employers who hire individuals with criminal histories who are otherwise qualified but cannot gain employment due to their criminal backgrounds. Please contact your local one stop for more information:

**Monmouth County One Stop Career Center** 

145 Wyckoff Rd. Suite 201 Eatontown, NJ 07724 732-683-8850 Mon-Fri 8 :30am-4 :30pm

# **Ocean County One-Stop Career Center**

Building #2 1027 Hooper Ave. Toms River, NJ 08754 732-286-5616 Mon-Fri 8 :30am-4 :30pm

# E. Opening a Checking or Savings Account



After you've gotten a source of income, you may want to open a checking or savings account. A checking account is a great idea because many jobs provide direct deposit, and your check is automatically deposited into your account on payday. Using checks to pay for your bills is also cheaper than using money orders. To open a checking account you usually need a picture I.D. (driver's license or non-driver state I.D.), proof of address, birth certificate, and a Social Security card. You can also request a debit card with your account, which you can use just like a credit card (as long as you have the money in your account already). You can get a debit card for either a checking account or a savings account, but with a savings account you can earn interest on the money you've saved. Fees for these accounts will vary depending on the type of account and bank. Many banks now offer free checking.



#### F. Public Libraries

Your local public library can be a good resource for your job search. Public computers provide internet access (and help using the computer), job and course listings, and other local directories. Libraries also often carry the government forms mentioned in this guide, and librarians can help you find other information that you need.

#### **Monmouth County Allentown Branch**

Allentown Branch 16 S. Main St. Allentown, NJ 08501 609-259-7565

**Asbury Park Free Public Library** 500 1st Ave. Asbury Park, NJ 07712 732-774-4221 Atlantic Highlands Branch 100 1st Ave. Atlantic Highlands, NJ 07716 732-291-1956

# **Avon Free Public Library**

Garfield and 5th Ave/ Avon-By-The-Sea, NJ 07717 732-502-4525

## **Belmar Public Library**

517 10th Ave. Belmar, NJ 07719 732-681-0775

# Bradley Beach Public Library

511 4th Ave. Bradley Beach, NJ 07720 732-776-2995

#### **Brielle Public Library**

610 South St. Brielle, NJ 08730 732-528-9381

#### **Colts Neck Branch**

1 Winthrop Drive Colts Neck, NJ 07722 732-431-5656

#### **Howell Branch**

318 Old Tavern Rd. Howell, NJ 07731 732-938-2300

# **Keyport Free Public Library**

109 Broad St. Keyport, NJ 07735 732-264-0543

# Little Silver Public Library

484 Prospect Ave. Little Silver, NJ 07739 732-747-9649

# Long Branch Free Public Library

328 Broadway Long Branch, NJ 07740 732-222-3900

# Eatontown Public Library

33 Broad St. Eatontown, NJ 07724 732-389-2665

#### Fair Haven Public Library

748 River Rd. Fair Haven, NJ 07704 732-474-5031

# Freehold Public Library

28 1-2 E. Main St. Freehold, NJ 07728 732-462-5135

# **Hazlet Branch**

251 Middle Road Hazlet, NJ 07730 732-264-7164

#### **Holmdel Branch**

4 Crawfords Corner Rd. Holmdel, NJ 07733 732-946-411

#### Manalapan Branch

125 Symmes Drive Manalapan, NJ 07726 732-431-7220

# Manasquan Public Library

55 Broad St. Manasquan, NJ 08736 732-223-1503

# Marlboro Branch

1 Library Ct. & Wyncrest Dr. Marlboro, NJ 07746 732-536-9406

# Matawan-Aberdeen Public Library

165 Main St. Matawan, NJ 07747 732-583-9100

# Middletown Twp. Public Library

55 New Monmouth Rd. Middletown, NJ 07748 732-671-3700

# Monmouth Beach Public Library

18 Willow Ave. Monmouth Beach, NJ 07750 732-229-1187

# **Neptune City Library**

106 W. Sylvania Ave. Neptune City, NJ 07753 732-988-9966

# Neptune Twp. Public Library

25 Neptune Blvd. Neptune, NJ 07753 732-775-8241

# Ocean Twp. Branch

701 Deal Rd. Ocean, NJ 07712 732-531-5092

#### **Oceanic Free Library**

109 Avenue of Two Rivers Rumson, NJ 07760 732-842-2692

#### **Oceanport Branch**

8 Iriquois Ave. Oceanport, NJ 07757 732-229-2626

# **Ocean County**

# **Barnegat Branch**

112 Burr St. Barnegat, NJ 08005 609-698-3331

# **Red Bank Public Library**

84 W. Front St. Red Bank, NJ 07701 732-842-0690

## Sea Bright Public Library

J.W. Ross Cultural Arts Ctr 1097 Ocean Ave. Sea Bright, NJ 07760 732-758-9554 **Sea Girt Library** Railroad Station at the Plaza

Plaza Sea Girt, NJ 08750 732-449-1099

## Eastern Branch, Shrewsbury

1001 Route 35 Shrewsbury, NJ 07702 1-866-941-8188 (toll-free) 732-683-8980 (Freehold area)

# Tinton Falls Public Library

664 Tinton Ave. Tinton Falls, NJ 07724 732-542-3110

#### **Wall Branch**

2700 Allaire Rd. Wall, NJ 07719 732-449-8877

# **West Long Branch**

95 Poplar Ave. West Long Branch, NJ 07764 732-222-5993

# **Bay Head Branch**

136 Meadow Ave. Bay Head, NJ 08742 732-892-0662

# **Beachwood Branch**

126 Beachwood Blvd. Beachwood, NJ 08722 732-244-4573

## **Berkeley Branch**

30 Station Rd. Bayville, NJ 08721 732-269-2144

#### **Brick Branch**

301 Chambers Bridge Rd. Brick, NJ 08723 732-477-4513

#### **Island Heights Branch**

121 Central Ave. Island Heights, NJ 08732 732-270-6266

#### Jackson Branch

2 Jackson Dr. Jackson, NJ 08527 732-928-4400

#### **Lacey Branch**

10 East Lacey Rd. Forked River, NJ 08731 609-693-8566

#### **Lakewood Branch**

301 Lexington Ave. Lakewood, NJ 08701 732-363-1435

# **Little Egg Harbor Branch**

290 Mathistown Rd. Little Egg Harbor, NJ 08087 609-294-1302

# **Long Beach Island Branch**

217 S. Central Ave. Surf City, NJ 08008 609-494-2480

#### **Manchester Branch**

21 Colonial Dr. Manchester, NJ 08759 732-657-7600

#### Point Pleasant Beach Branch

710 McLean Ave. Pt. Pleasant Beach, NJ 08742 732-892-4575

#### Point Pleasant Borough Branch

834 Beaver Dam Rd. Pt. Pleasant, NJ 08742 732-295-1555

#### **Plumsted Branch**

119 Evergreen Rd. New Egypt, NJ 08533 609-758-7888

# **Toms River Branch**

101 Washington St. Toms River, NJ 08753 732-349-6200

## **Tuckerton Branch**

380 Bay Ave. Tuckerton, NJ 08087 609-296-1470

# **Upper Shores Branch**

112 Jersey City Ave. Lavallette, NJ 08735 732-793-3996

# Waretown Branch

112 Main St. Waretown, NJ 08758 609-693-5133

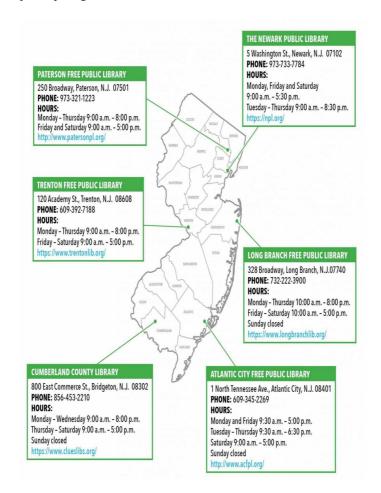
# **Whiting Reading Center**

Whiting Commons Shopping Center 400 Lacey Rd.. Suite 5 Whiting, NJ 08759 732-849-0391



Fresh Start @ Your Library is a statewide library reentry program that is focused on reconnecting returning citizens with their communities at public libraries. Libraries play an integral role in providing support and services to individuals returning to their home communities after completing their prison terms.

Returning citizens often have a difficult time transitioning back into society, primarily because of a lack of employment. New Jersey libraries are here to help prepare individuals for successful reentry into the workforce. Below are the participating locations.



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# **Reconnecting with Family**

As you prepare to come home, you may be thinking about reuniting with family members, including those you may not have seen for a long time. You may be excited to see your kids, your spouse, your parents, and others who are part of your family, and while most will be glad to see you home, others may be reluctant. All kinds of issues can come up, and you may need some help solving some of the problems that arise. This section provides some information and resources to help solve these issues.

# **Hotlines For Family Services Resources**

# NJ Child Abuse/ Neglect Hotline:

1(877)NJABUSE (652-2873)

#### **Child Care Hotline:**

1(800) 332-9227

#### **NJ Child Support Hotline:**

1 (877) NJKIDS- 1 (655-4371)

# **Division of Family Development:**

1(800) 792-9773

#### NJ Division of Youth and Family Services:

1 (800) 331-DYFS (3937)

# **Family Health Line:**

1 (800) 328-3838

# Family Help Line (for stressed parents):

1 (800) THE KIDS (843-2537

# ${\bf National\ Domestic\ Violence\ Hotline:}$

1(800) 799-7233

# **NJ Domestic Violence Hotline:**

1(800) 572-7223

#### **Parents Anonymous:**

1(800) 843-5437

# **A. Family Counseling Resources**

The following places can provide support, marital and family counseling and parenting classes to help you reunite with your family.

# **Monmouth County**

# **Asbury Park Psychotherapy Associates**

501 Grand Ave. Asbury Park, NJ 07712 732-823-2225

# **Bayshore Family Success Center**

810 Union Ave. Union Beach, NJ 07735 732-497-3811

# Center for Marriage & Family Therapy, P.C.

20 Court St., Suite 102 Freehold, NJ 07728 732-264-8878

# **Contemporary Counseling Center**

9 S. Main St. Marlboro, NJ 07746 732-577-1076

# **Institute for Personal Growth (IPG)**

90 West Main St. Freehold, NJ 07728 866-957-1790

# **Long Branch Concordance Family Success Center**

300 Broadway, rear entrance Long Branch, NJ 07740 732-571-1670

# The Rose Relationship Learning Center

1205 NJ-35 Ocean Township, NJ 07712 732-517-1177

# The Samaritan Center at the Jersey Shore

36 South St. Manasquan, NJ 08736 732-223-4673

#### **Ocean County**

# **Family Success Center-Ocean County**

The Children's Home Society of NJ

1433 Hooper Ave., Suite 121 Toms River, NJ 08753

# St. Francis Counseling Services

609-494-1554 4700 Long Beach Blvd. Long Beach Twp, NJ 08008 609-494-1554

# Marin Integrative Therapy, LLC

86 East Water St. Toms River, NJ 08753 732-244-2210

#### Leadem Counseling and Consulting Services, P.C.

668 Commons Way, Bldg. 1 Toms River, NJ 08755 732-797-1444

#### Parents Anonymous of New Jersey, Inc.

1-800-843-5437 (24 hour hotline) Hours: Call to confirm group times at different locations Self-help for parents who are under stress and who want to improve their relationship with their children. Groups meet weekly and are facilitated by a volunteer professional; many groups provide child care. Groups meet in most counties throughout the state with some bilingual groups available. Parents Anonymous also offers an on-line support group as well.

# **B. Child Custody and Visitation**

Establishing visitation and gaining custody of your children once you are released is not an overnight procedure. If you had custody of your kids at the time you were incarcerated, and no family was able to take care of them, they may have been placed in foster care. If this is the case, and you do not know your child's case manager's name or number, contact the Division of Child Protection and Permanency (formerly DYFS) at 800-531-1091. You will have to make an appointment with the case manager for an interview. They may not be willing to give you information over the phone. You'll be asked a series of questions in order to assess when and if you will be given visitation rights, so that you may reestablish your relationship with the child and hopefully gain custody again. This is just a quick overview of what to do and what you can expect.

**FYI:** If you were convicted of any violent or sexual offenses against children, you may be unable to live with or regain custody of your children.

Listed below are the different offices for DCPP in your area. Please contact the office that applies to your location.

#### Monmouth North LO-#663

Monmouth Park Corporate Center 1 185 Route 36 West, Building E West Long Branch, NJ 07764 732-571-2190 or 800-392-9511

#### Monmouth South LO-#666

630 Bangs Ave. Asbury Park, NJ 07712 732-897-6300 or 800-392-9512

#### Ocean North LO-#672

1510 Hooper Ave., Suite 210 Toms River, NJ 08753 732-255-8015 or 866-544-9197

# Ocean South LO-#671

Baywick Plaza 333 U.S. Route 9 Bayville, NJ 08721 732-908-5900 or 800-442-6232

# C. Getting and Paying Child Support

Whether you have custody of your children on your own when you get out, and need help from an absent "non-custodial" parent, or you do not have custody of kids who need your support, child support payments will be an important part of your life after you are released. Some basic information is included below, as far as enforcing a child support order.

Child support, custody and visitation issues are very complicated, and if you can get **a lawyer, you should.** Contact the Legal Services of New Jersey hotline, from 9:00 am - 4:30 pm, at 888-576-5529, or the Union County Bar Association Lawyer Referral Service at 908-353-4715. You can also contact Central Jersey Legal Services at 60 Prince Street, Elizabeth, NJ 07208 at 908-354-4340. From prison, you can also contact the Prisoner's Self-Help Legal Clinic, PO Box 768, Newark, NJ 07101.

# Getting And Enforcing A Child Support Order

If you have custody of your children, and want financial support from the non-custodial parent, you can apply for child support at the Union County Family Court Building, 2 Broad Street, 2<sup>nd</sup> Floor Annex, Elizabeth, NJ 07207, 908-659-4600. There is a

possible fee. You can also call 1-877-NJKIDS1 for more information about this.

# **Paying Child Support**

If you have kids that you did not have custody of before you went to prison, there may be a child support order requiring you to pay a certain amount every month for their support. Even if you did not go to court, for example, the parent with custody filed for the order while you were incarcerated, the court can still order you to pay child support. The amount you pay in child support is tied to your income, and if the court does not know your income, they will assume you are working 40 hours a week at minimum wage. Child support payments are usually taken out of your paycheck. If you have not paid at all or missed payments, you will owe "arrears." Unless you got a modification of your child support order when you went into prison (see below), the amount of arrears that you owe will have continued to grow while you were inside. When you come out, and get a job, they can begin to take out not just the monthly amount you owe for child support, but more money to pay back the arrears (up to 65% of your pay in total). They may also suspend your driver's license. Here are some things you can do:

#### To locate a parent prior to an order, contact:

Monmouth County Division of Social Services PO Box 3000 Kozlowski Rd. Freehold, NJ 07728 1-877-655-4371

Ocean County Board of Social Services 1027 Hooper Ave. Toms River, NJ 08754 1-877-655-4371

#### To enforce an existing order, contact:

Monmouth County Probation 30 Mechanic St. PO Box 1259 Freehold, NJ 07728 1-877-655-4371

# To establish or change an order, contact:

Monmouth County Courthouse 71 Monument Park PO Box 1252 Freehold, NJ 07728 1-877-655-4371 Justice Complex 120 Hooper Ave. Toms River, NJ 08754 1-877-655-4371

#### D. Domestic Violence/Sexual Assault Resources

The following places provide counseling, support and shelter or referrals to shelter in domestic violence situations. You can also call these 24-hour hotlines:

New Jersey Coalition for Battered Women: (800)-572-SAFE.

Domestic Abuse Hotline for Men and Women: (888) 7HELPLINE (1-888-743-5754)

#### 180 Turning Lives Around, Inc.

732-264-4111 (24-Hr. Hotline) 888-843-9262 (Domestic Violence) 888-264-7273 (Sexual Violence)

#### **Catholic Charities of Ocean County**

Providence House Domestic Violence Services 88 Schoolhouse Rd., Suite 1 Whiting, NJ 08759 24/7 Hotline: 732-244-8259

Toll Free: 1-800-246-8910 Outreach Office: 732-350-2120

# **Getting More Education**

Although getting more education may not be part of your short term plans, it certainly should be something to think about for the future, especially if you do not have a high school diploma or a GED.

# A. High School Diploma/GED Certificate/High School Equivalency Degree (HSED)/Vocational School Certificates

It is very important to keep records of any degrees and certificates of completion and work-related licenses that have earned. Before you are released, you can write to the school or agency where you earned your degree or certificate to obtain a copy. Once you have a copy in your possession, this should be kept in your strong box.

**FYI:** If you earned your GED while incarcerated, please call the Education Department of the institution you were in to obtain a copy.

You can also request your GED transcript or diploma verification from the New Jersey Department of Education providing you completed your diploma in a traditional setting. You will have to fill out a GED Information Request Form.

Please call 609-777-1050 for further assistance.

You may ask that it be sent to you; or you may pick up the form at a local testing center (which you can do after you are released); by downloading the form from the website <a href="http://www.state.nj.us/njded/students/ged/ged7.htm">http://www.state.nj.us/njded/students/ged/ged7.htm</a>; or by writing to: GED Testing Program, Bureau of Adult Education and Family Literacy, New Jersey Department of Education, PO Box 500, Trenton, NJ 08625.

Your chances of getting a job that pays a living wage and of moving forward in a career will improve with more education, and not having the high school diploma or GED will simply lock you out from a lot of opportunities.



# **B. GED Classes**

The places in Monmouth and Ocean County below offer classes to help you prepare for the GED exam. Call for exact times and procedures. Many locations offer classes at low cost or no cost. For more information, contact the New Jersey Department of Labor and Workforce Development, Division of Workforce Readiness & Literacy at (609) 943-5921. Call individual programs for information on classes offered, fees and/or time schedules.

#### **GED Testing Centers**

Brookdale Community College 765 Newman Springs Rd. Lincroft, NJ 07738 732-224-2584 Test offered in both English and Spanish

Ocean County College 1 College Dr. College Testing Center, Library Bldg. #3, Rm. 014B Toms River, NJ 08754 732-255-0530

# C. Higher Education

If you already have a high school diploma or a GED certificate, you may want to move forward and get your associate's degree, bachelor's degree or graduate degree.

# **Local Area Colleges**

**Beth Medrash Govoha** 

617 6th St. Lakewood, NJ 08701 732-367-1060

**Brookdale Community** College

765 Newman Springs Rd. Lincroft, NJ 07738 732-224-2345

Fairleigh Dickinson University

Eatontown Location 1 Main St., Suite 116 Eatontown, NJ 07724 732-542-4118 Georgian Court University

900 Lakewood Ave. Lakewood, NJ 08701 1-800-458-8422

Mesivta Keser Torah

503 11th Ave. Belmar, NJ 07719 732-681-5656

**Monmouth University** 

400 Cedar Ave. West Long Branch, NJ 07764 732-571-3400

Ocean County Community College

1 College Drive Toms River, NJ 08754 732-255-0400

#### Can I Get Financial Aid?

To pay for this, you will probably try to get some financial aid. If you are applying for any federal financial aid programs after release (such as Pell Grants, Perkins Loans, Federal Family Education Loans, etc.), you are not restricted unless you have a drug-related offense. For possession offenses, a first offense means one year of ineligibility (after your conviction), a second offense, two years, and third offense means you are "indefinitely" ineligible, which to the government means permanently ineligible. For a sales or distribution crime, a first offense has two years of ineligibility, a second offense makes it permanent. Private financial aid or loan programs may not have any restrictions.

# Other Things You Need to Know

# A. Getting Legal Assistance

To get assistance with civil (not criminal) cases, you can contact the toll free hotline for **Legal Services of New Jersey (LSNJ)**, which provides information and referrals, **888-576-5529**. For local Monmouth & Ocean County legal services please contact the office located nearest to you:

# **South Jersey Legal Services**

 Monmouth County Office
 Ocean County Office

 303 West Main St., 3rd Fl.
 215 Main St.

 Freehold, NJ 07728
 Toms River, NJ 08753

 732-414-6750
 732-608-7794

 Fax: 732-414-6757
 Fax: 732-608-9636

 SJLSMonmouth@lsnj.org
 SJLSOcean@lsnj.org

# B. Checking and Correcting Your Criminal Record ("rap sheet")

Since employers, landlords and others will be performing criminal background checks and getting copies of your criminal record, it is important that you know what is on it, and that it is accurate. You should also be prepared to answer any questions about your background.

**FYI:** Background checks are now only done electronically. You may contact State Police Headquarters to inquire how to correct your criminal record at the following address.

State Section of Identification Records and Identification Bureau New Jersey State Police P.O. Box 7068 West Trenton, NJ 08628 1-609-882-2000 ext 6425 1-609-530-4856 fax

# C. Expungement: Cleaning Up Your Criminal Record

You may have heard about expungement as one way to clean up your criminal record as you get some distance from your old arrests and convictions. Unfortunately, expungement is fairly limited in New Jersey. You can expunge any arrest that did not lead to a conviction at any point. You can expunge "disorderly persons offenses," which are low level offenses in New Jersey,

after 5 years, and most municipal ordinance offenses after 2 years. Convictions for "indictable offenses" (felonies), can be expunged 10 years from the date of conviction, payment of any fine, satisfactory completion of probation or parole or release from incarceration, but whichever is latest. The most serious of these offenses, such as murder, kidnapping, aggravated sexual assault, robbery, arson, perjury and distribution, sale or possession with intent to distribute of controlled dangerous substances (drugs), can never be expunged. Expungement is a broader remedy for offenses committed as a juvenile. Legal Services of New Jersey has published a guide to cleaning up your record through expungement.

To obtain a copy of the book, call 888-576-5529, or go to the LSNJ web site, where you can download it for free: <a href="http://www.lsnj.org/english/crime/municipalcourt/clearingyourrecord.cfm">http://www.lsnj.org/english/crime/municipalcourt/clearingyourrecord.cfm</a>.

# D. Checking and Correcting Your Credit Record



While New Jersey allows employers to look at your criminal record, many employers — and others like landlords and mortgage companies — will use a credit report instead of or in addition to the state's records. Credit records are maintained by private companies and generally have information about your debts, your history of paying bills and other financial matters, but may also have information about your criminal record. The information may not be correct, and the law does offer you some protections. For example, if an employer uses a credit record to deny you a job, they have to tell you this, and give you the name, address and phone number of the agency that provided the report, and the agency must give you a copy of that information on your request. They cannot charge you money for that request if the employer used the report to deny you a job. If the records of the credit agency contain incorrect information, they must investigate and correct inaccurate information.

You can get ahead of the curve by getting a copy of your credit record and making sure there isn't any incorrect information on it. New Jersey residents are allowed one free credit report each year. Three companies that provide this service are:

Equifax Information Systems, LLC.: P.O. Box 740241, Atlanta, GA 30374 800-685-1111.

**Transunion Personal Credit Report:** PO Box 1000, Chester PA 19022 800-888-4213.

# Experian:

PO Box 2002, Allen, TX 75013 800-397-3742.

**FYI:** By mail, be sure to include your full name, current address, Social Security number, and most recent former address for filematching purposes.

# E. Voting Rights

New Jersey law does not allow you to vote while you are in prison, or while you are on probation or parole for an indictable offense (disorderly person's offenses don't disqualify you). Once you have completed your parole or probation term, you may register to vote. Make sure that you are registered in the county in which you reside. Applications for registration can be obtained from Social Services prior to release. Also you may apply with the Division of Elections, the Commissioners of Registration office in the County where you live or from your Municipal Clerk once you are released. Registration forms are also available in various State agencies and at Division of Motor Vehicle offices and can be obtained while transacting agency business. If you are not sure, you can visit http://www.state.nj.us/lps/elections/vote doe.html. You will be able to download a voter's registration form and mail it in. This site also explains who can register to vote and where you can register.

# F. Registration of Sexual Offenders (Megan's Law)

Sex offenders are required to register with the police under Megan's Law. Offenses include: aggravated sexual assault; sexual assault; aggravated criminal sexual contact; endangering the welfare of a child by engaging in sexual conduct which would impair or debauch the morals of the child; luring or enticing and, if the victim were a minor and the offender not a parent, kidnapping; criminal restraint and false imprisonment and promoting prostitution of a child under 18. You will be registered prior to release, but must re-register your home address at least 10 days prior to any move with the law enforcement agency with which you were registered when released. You will also need to verify your address annually or every 90 days if you are a repetitive and compulsive offender

# The Game Plan

DO I Have my Rasic Needs?

Your first weeks out after leaving prison can be overwhelming. This section is set up to help you get organized and keep yourself on track toward your goals. First, think about what those goals are? What do you want or need to get done in your first week out? In your first month out? Where do you want to be in six months? There are lots of things that

other people need you to do — your parole officer, for example, and your family — but you also need to think about what you expect from yourself.

Here are some pages to use to plan your first days out of prison. There are some questions to ask yourself about what you plan to do. It's best to write things down and plan ahead. \*\*\*You should also refer to your discharge plan created by your social worker that outlines your needs. Have a wonderful and successful reentry!

Have?	Need?
<del></del>	
	—— 73

# prescriptions, go to a support group, etc.): Notes: **Important Names and Phone Numbers** (Parole, Mentor, Emergency Contact, etc) Name: Phone Number: Name:\_\_\_\_\_\_Phone Number: \_\_\_\_\_ Name: Phone Number: \_\_\_\_\_ Name:\_ Phone Number: Name:\_ Phone Number: \_\_\_\_\_ Name:\_\_\_\_\_\_Phone Number:\_\_\_\_\_\_ Name: Phone Number: Name: Phone Number: \_\_\_\_\_

Other things I need to do (job leads, appointments,

# **Smart Book Topics**

